

# **COURSE MAPS AND DESCRIPTIONS**











#### PLEASE NOTE: COURSE MAPS AND DESCRIPTIONS ARE SUBJECT TO CHANGE

## PAK'nSAVE ROTORUA KIDS FOREST RUN



### **COURSE OVERVIEW**

Measured Distance 2.0kms

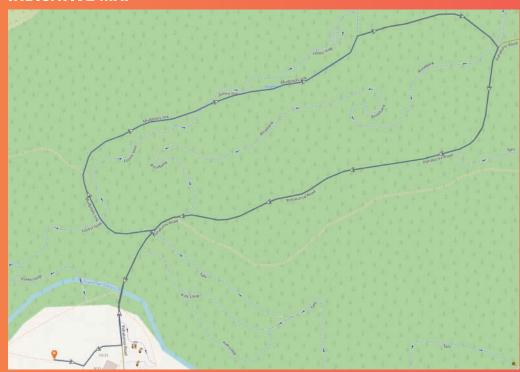
Measured Elevation Gain 40m

Course Open 1 hour

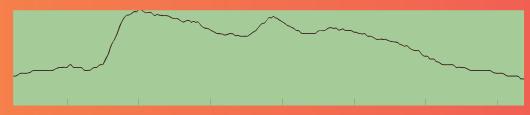
## **COURSE DESCRIPTION**

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.30	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.45	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn Right on to Pohaturoa Rd
7	Tahi Rd Crossing	1.40	Straight
8	Tahi Extension Exit	1.70	Straight
	Pohaturoa Rd	2.0	Turn Left on to Pohaturoa Rd, to Finish Lines

## **INDICATIVE MAP**



## **INDICATIVE ELEVATION PROFILE**



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# **5K TRIG LOOP**



## **COURSE OVERVIEW**

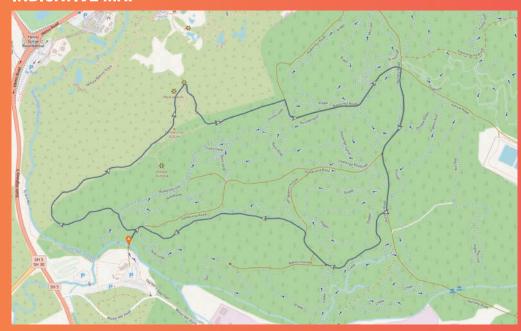
Measured Distance Measured Elevation Gain 5.45kms 140m

Course Open 5 hours

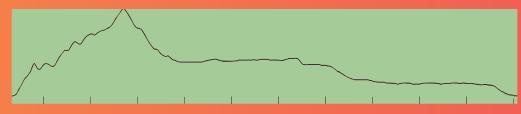
## **COURSE DESCRIPTION**

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd	3.00	Turn Right down Nursery Rd
8	Yellow Track	3.80	Turn Right on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
	Pohaturoa Rd	5.45	Turn Left on to Pohaturoa Rd, to Finish Lines

## **INDICATIVE MAP**



## **INDICATIVE ELEVATION PROFILE**



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# **TITOKORANGI 10K**



## **COURSE OVERVIEW**

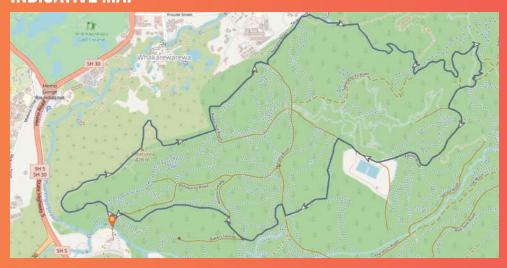
Measured Distance Measured Elevation Gain 10.5kms 430m

Course Open 6.5 hours

## **COURSE DESCRIPTION**

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd	3.20	Turn Left down Nursery Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd
13	As You Do Track	5.90	Turn Right Up As You Do Track
14	Tokorangi Pa Rd	6.20	Turn Right on to Tokorangi Pa Rd
15	Katore Rd	6.50	Turn Left down Katore Rd
16	Pig Track	7.80	Turn Left down Pig Track
17	Ovata Rd	8.50	Slight Right on to Ovata Rd
18	Nursery Rd	8.70	Turn Right on to Nursery Rd
19	Yellow Track	8.80	Turn Left on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
20	Pohaturoa Rd	10.45	Turn Left on to Pohaturoa Rd, to Finish Lines

## **INDICATIVE MAP**



## **INDICATIVE ELEVATION PROFILE**



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# MOERANGI HALF MARATHON



## **COURSE OVERVIEW**

21.35kms

Measured Distance Measured Elevation Gain 950m

Course Open 8 hours

## **COURSE DESCRIPTION**

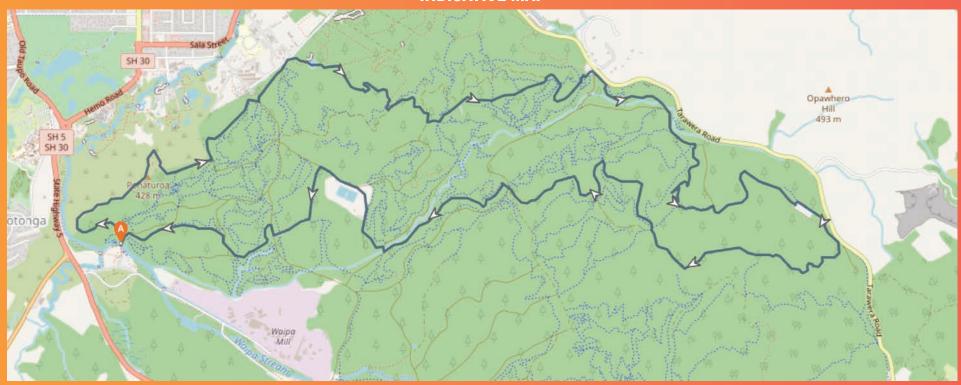
No.	Location	Km mark	Direction	No.	Location		Km mark Direction
1	Waipa MTB Carpark	0.00	Start	22	Lentil and Hill Rd Intersection	11.10	Continue Straight on Hill Rd
2	Pohaturoa and Mud Pool Link Rd intersection		Turn Left up Mud Pool Link Rd	23		11.10	
					Windy and Hill Rd Intersection		Continue Straight on Windy Rd to Putake o Tawa Carpark
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track	24	Putake o Tawa Carpark	11.40	Run straight on field to paved footpath in front of shops
4	Kohaturoa Trig	1.60	Left Down Stairs	25	Putake o Tawa Carpark	11.60	In front of Mountain Bike Rotorua
	Trig Road	2.00	Continue Straight on Trig Rd	26	Putake o Tawa Carpark	11.70	Cross Road to continue on Windy Rd
	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd	27	Tawa Running Track	11.90	Turn Right on to Running Track
7	Nursery Rd	3.20	Turn Left down Nursery Rd	28	Eagle vs Shark Picnic Table	12.80	Continue Straight through skid site to Koe Koe Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path	29	Koe Koe and Hill Rd Intersection	13.60	Turn Left along Hill Rd
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail	30	Frontal Lobotomy	14.10	Turn Right down Direct Rd
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track	31	Indirect Rd	14.30	Turn Right up Indirect Rd
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd	32	Indirect Rd, Hot X Intersection	15.30	Turn Left down Indirect Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd	33	Direct Rd	15.60	Turn Right down Direct Rd
13	As You Do Track	5.90	Continue past As You Do Track	34	Direct & Red Tank Rd Intersection	16.40	Head Straight through intersection to The Wash. Down the Wash
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd	35	Spruce Rd	17.80	Turn Right on to Spruce Rd
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on to Tokorangi Pa Rd down towards Tarawera	36	Cardiac Steps (Purple Track)	17.90	Turn Left on to Cardiac Steps Track
			Rd	37	Katore Rd Lower	18.20	Continue on Katore Rd following Water Ponds Upper Fence Line
16	Tarawera Return Dual Use Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop	38	Pig Track	18.70	Turn Left down Pig Track
			Return Trail	39	Ovata Rd	19.40	Slight Right on to Ovata Rd
17	Pipeline Rd	8.60	Slight Left on to Pipeline Rd	40	Nursery Rd	19.60	Turn Right on to Nursery Rd
18	Apumoana Trail	8.90	Turn Right up Apumoana Trail	41	Yellow Track	19.70	Turn Left on to Yellow Track and follow all the way to Waipa (Slight
19	Apumoana Sidewinder Link	9.90	Turn Left				Right at Bakers Hollow, Slight Left up the Steps after clearing).
20	Sidewinder Trail	10.00	Turn Left down Sidewinder Trail	42	Pohaturoa Rd	21.35	Turn Left on to Pohaturoa Rd, to Finish Lines
21	Sidewinder Trail	10.30	Turn Right on Lentil Rd				

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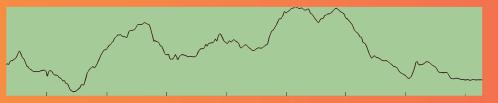
# MOERANGI HALF MARATHON



## **INDICATIVE MAP**



## **INDICATIVE ELEVATION PROFILE**



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# NEW ZEALAND FOREST MARATHON COURSE DESCRIPTION



### **COURSE OVERVIEW**

Measured Distance Measured Elevation Gain 42.9kms 1750m

Course Open 10 hours

M-	Location	V	Discontinu				
No.	Location		Direction	No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start	23	Lentil and Hill Rd Intersection	13.20	Continue Straight on Hill Rd
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd	24	Windy and Hill Rd Intersection	13.20	Continue Straight on Windy Rd to Putake o Tawa Carpark
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track	25	Putake o Tawa Carpark	13.50	Run straight on field to paved footpath in front of shops
4	Kohaturoa Trig	1.60	Left Down Stairs	26	Putake o Tawa Carpark	13.70	In front of Mountain Bike Rotorua
	Trig Road	2.00	Continue Straight on Trig Rd	27	Putake o Tawa Carpark	13.80	Cross Road to continue on Windy Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd	28	Tawa Running Track	14.00	Turn Right on to Running Track
7	Nursery Rd	3.20	Turn Left down Nursery Rd	29	Eagle vs Shark Picnic Table	14.90	Continue Straight through skid site to Koe Koe Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path	30	Koe Koe Rd and Hill Rd Intersection	15.70	Turn Left along Hill Rd
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail	31	Frontal Lobotomy	16.20	Turn Left up Frontal Lobotomy Trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track	32	Shuttle Drop Off	17.30	Turn Left up Tawa Rd
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd	33	Tuhoto Ariki Trail	18.00	Turn Left on to Tuhoto Ariki
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd	34	Moerangi Rd	21.20	Turn Left up Moerangi Rd
13	As You Do Track	5.90	Continue past As You Do Track	35	Timewarp	21.70	Turn Right in to Timewarp
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd	36	Time Warp Loop Rd Link	22.20	Continue on Timewarp, Keep Right
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on Tokorangi Pa Rd towards Tarawera Rd	37	Moerangi Trig	22.60	Loop around the Trig and back down Timewarp
16	Tarawera Return Dual Use Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop	38	Timewarp Loop Rd Link	23.00	Turn Right in to Skid Site
			Return Trail	39	Loop Rd	23.30	Turn Left on to Loop Rd
17	Pipeline Rd	8.60	Slight Left on to Pipeline Rd	40	Moerangi Rd	23.80	Turn Left on to Moerangi Rd
18	Apumoana Trail	8.90	Turn Right up Apumoana Trail	41	Tikitapu Rd	25.50	Turn Right on to Tikitapu Rd
19	Apumoana Sidewinder Link	9.90	Turn Right	42	Branch Rd	25.80	Turn Left down Branch Rd
20	Direct Rd	11.30	Turn Left up Direct Rd	43	Green Lake Rd	26.10	Turn Right on to Green Lake Rd
21	Sidewinder Trail	11.80	Turn Left down Sidewinder Trail	44	Green Lake Rd 8 Mile Rd Interserction	26.70	Turn Left in to side track next to sealed rd, Cross 8 Mile
22	Sidewinder Trail	12.40	Turn Right on Lentil Rd				directly in to Sandstone Rd

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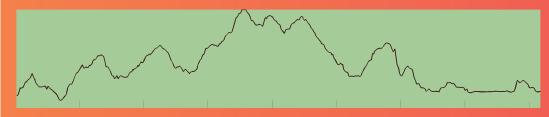
# NEW ZEALAND FOREST MARATHON COURSE DESCRIPTION



No.	Location	Km mark	Direction	
45	Lookout Rd	27.20	Turn Right up Lookout Rd	
46	Kakapiko Peak, Tower	29.30	Keep left around loop Rd, back down and turn left to No	
			Brains Access Rd	
47	New Kakapiko Walking Track	29.50	Turn Left down the new walking track	
48	Black Track Natives	31.50	Turn Right on to Black Track Natives	
49	Long Drive	33.20	Turn Left off Heath Rd on to Long Drive	
50	Fern Drive	34.40	Turn Right on to Fern Drive	
51	Waipa Bypass Rd	36.00	Cross Waipa Bypass Rd	
52	Red Stag Truck Entry	36.10	Cross Truck Entry	
53	Nursery Rd, Waipa Bypass Rd Intersection	36.20	Crosse Nursery Rd on to Right Puarenga Stream Track	
54	Nice Rd Exit	37.00	Cross Puarenga Stream Bridge and exit on to Nice Rd,	
			Continue Left on to Larch Rd	
55	Duck Pond	37.30	At the Duck Pond, Turn Left in to Puarenga Stream Track	
			Duckpond Link	
56	Nursery Rd	38.00	Turn Right on to Nursery Rd	
57	The Wash Rd	38.80	Turn Right on the The Wash Rd	
58	Spruce Rd	39.20	Turn Left on to Spruce Rd	
59	Cardiac Steps (Purple Track)	39.30	Turn Left on to Cardiac Steps Track	
60	Katore Rd Lower	39.60	Continue on Katore Rd following Water Ponds Upper	
			Fence Line	
61	Pig Track	40.10	Turn Left down Pig Track	
62	Ovata Rd	40.80	Slight Right on to Ovata Rd	
63	Nursery Rd	41.00	Turn Right on to Nursery Rd	

No.	Location	Km mark	Direction
64	Yellow Track	41.10	Turn Left on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
65	Pohaturoa Rd	42.75	Turn Left on to Pohaturoa Rd, to Finish Lines

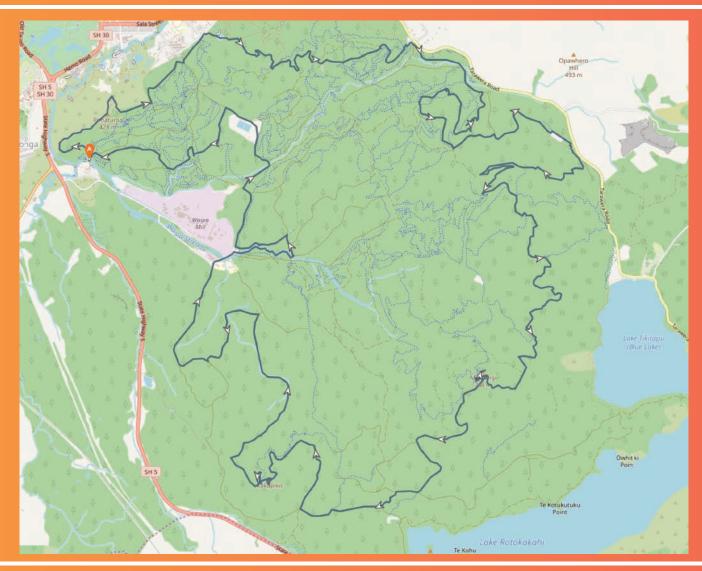
## **INDICATIVE ELEVATION PROFILE**



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## NEW ZEALAND FOREST MARATHON INDICATIVE MAP





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