

COURSE MAPS AND DESCRIPTIONS











PLEASE NOTE: COURSE MAPS AND DESCRIPTIONS ARE SUBJECT TO CHANGE

PAK'nSAVE ROTORUA KIDS FOREST RUN - PRIMARY SCHOOLS 2KM

COURSE OVERVIEW

Measured Distance 2.0kms Measured Elevation Gain 40m

Course Open 1 hour

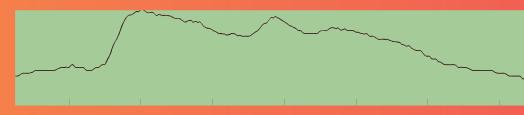
COURSE DESCRIPTION

No.	Location	Km ma
	Waipa MTB Carpark	0.00
2	Pohaturoa and Mud Pool Link Rd intersection	0.30
3	Mud Pool Link Rd Turn Off	0.45
4	Forest Loop Entry	0.65
	Horse Track Uphill Intersection	0.90
6	Pohaturoa Rd	1.10
7	Tahi Rd Crossing	1.40
8	Tahi Extension Exit	1.70
	Pohaturoa Rd	2.0

Km mark	Direction
0.00	Start
0.30	Turn Left up Mud Pool Link Rd
0.45	Turn Right on to Mud Pool Link Rd
0.65	Continue Straight
0.90	Turn Right to stay on Mud Pool Link Rd
1.10	Turn Right on to Pohaturoa Rd
1.40	Straight
1.70	Straight
2.0	Turn Left on to Pohaturoa Rd, to Finish Line

INDICATIVE MAP

INDICATIVE ELEVATION PROFILE





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PAK'nSAVE ROTORUA KIDS FOREST RUN - INTERMEDIATE SCHOOLS 3km

COURSE OVERVIEW

Measured Distance 3.0kms Measured Elevation Gain 52m

Course Open 1 hour

COURSE DESCRIPTION

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.30	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.45	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn sharp left onto Pohaturoa Road
7	Bakers Hollow Intersection	1.44	Turn sharp right onto Bakers Hollow
8	Yellow Track Entrance	1.91	Turn sharp right onto Pohaturoa Walking Track (Yellow)-
			Waipa to Nursery
	Pohaturoa Rd	2.55	Turn right onto Pohaturoa Walking Track Flood Diversion
10	Pohaturoa Rd	2.62	Turn sharp left onto Pohaturoa Road
11	Pohaturoa Rd	2.62	Turn sharp left onto Pohaturoa Road
12	Pohaturoa Rd	3.0	Turn Left on to Pohaturoa Rd, to Finish Line

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



PAKŃSAVE ROTORUA

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5K TRIG LOOP



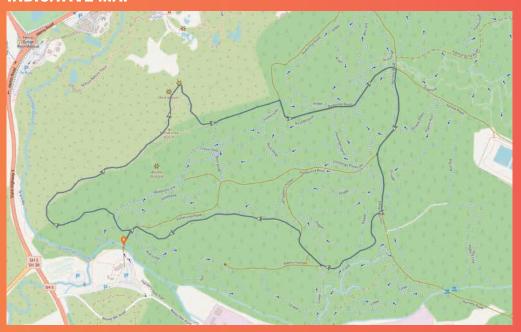
COURSE OVERVIEW

Measured Elevation Gain Measured Distance 5.45kms 140m

COURSE DESCRIPTION

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Right on Radio Hut Rd
7	Nursery Rd	3.00	Turn Right down Nursery Rd
8	Yellow Track	3.80	Turn Right on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
	Pohaturoa Rd	5.45	Turn Left on to Pohaturoa Rd, to Finish Lines

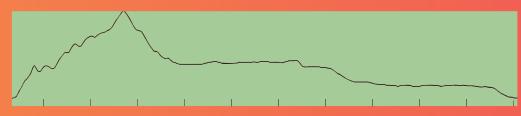
INDICATIVE MAP



Course Open

3.5 hours

INDICATIVE ELEVATION PROFILE



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TITOKORANGI 10K



COURSE OVERVIEW

Measured Distance Measured Elevation Gain 10.5kms 430m

Course Open 5 hours

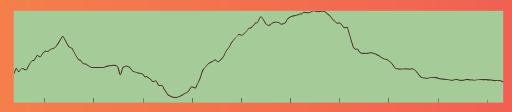
COURSE DESCRIPTION

No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
	Trig Road	2.00	Continue Straight on Trig Rd
	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd	3.20	Turn Left down Nursery Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd
13	As You Do Track	5.90	Turn Right Up As You Do Track
14	Tokorangi Pa Rd	6.20	Turn Right on to Tokorangi Pa Rd
15	Katore Rd	6.50	Turn Left down Katore Rd
16	Pig Track	7.80	Turn Left down Pig Track
17	Ovata Rd	8.50	Slight Right on to Ovata Rd
18	Nursery Rd	8.70	Turn Right on to Nursery Rd
19	Yellow Track	8.80	Turn Left on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
20	Pohaturoa Rd	10.45	Turn Left on to Pohaturoa Rd, to Finish Lines

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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MOERANGI HALF MARATHON



COURSE OVERVIEW

Measured Distance Measured Elevation Gain 21.35kms 950m

Course Open 7 hours

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COURSE DESCRIPTION

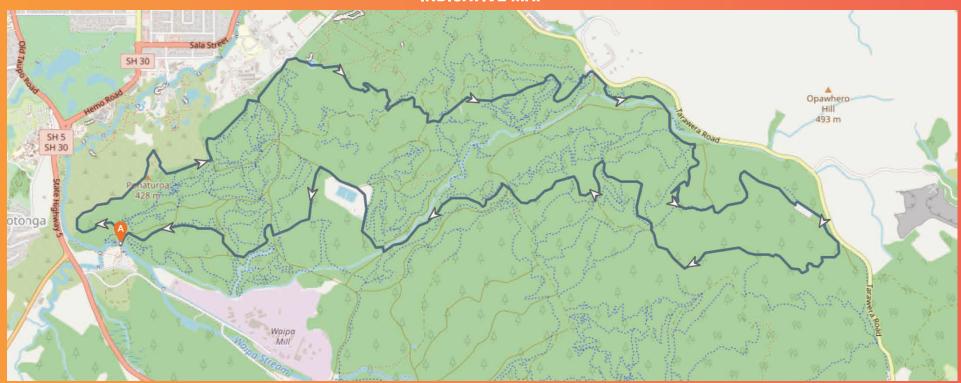
No.	Location	Km mark	Direction	No.	Location		Km mark Direction
	Waipa MTB Carpark	0.00	Start	22	Lentil and Hill Rd Intersection	11.10	Continue Straight on Hill Rd
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd	23	Windy and Hill Rd Intersection	11.10	Continue Straight on Windy Rd to Putake o Tawa Carpark
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track	24	Putake o Tawa Carpark	11.40	Run straight on field to paved footpath in front of shops
4	Kohaturoa Trig	1.60	Left Down Stairs	25	Putake o Tawa Carpark	11.60	In front of Mountain Bike Rotorua
	Trig Road	2.00	Continue Straight on Trig Rd	26	Putake o Tawa Carpark	11.70	Cross Road to continue on Windy Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd	27	Tawa Running Track	11.90	Turn Right on to Running Track
7	Nursery Rd	3.20	Turn Left down Nursery Rd	28	Eagle vs Shark Picnic Table	12.80	Continue Straight through skid site to Koe Koe Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path	29	Koe Koe and Hill Rd Intersection	13.60	Turn Left along Hill Rd
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail	30	Frontal Lobotomy	14.10	Turn Right down Direct Rd
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track	31	Indirect Rd	14.30	Turn Right up Indirect Rd
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd	32	Indirect Rd, Hot X Intersection	15.30	Turn Left down Indirect Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd	33	Direct Rd	15.60	Turn Right down Direct Rd
13	As You Do Track	5.90	Continue past As You Do Track	34	Direct & Red Tank Rd Intersection	16.40	Head Straight through intersection to The Wash. Down the Wash
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd	35	Spruce Rd	17.80	Turn Right on to Spruce Rd
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on to Tokorangi Pa Rd down towards Tarawera	36	Cardiac Steps (Purple Track)	17.90	Turn Left on to Cardiac Steps Track
			Rd	37	Katore Rd Lower	18.20	Continue on Katore Rd following Water Ponds Upper Fence Line
16	Tarawera Return Dual Use Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop	38	Pig Track	18.70	Turn Left down Pig Track
			Return Trail	39	Ovata Rd	19.40	Slight Right on to Ovata Rd
17	Pipeline Rd	8.60	Slight Left on to Pipeline Rd	40	Nursery Rd	19.60	Turn Right on to Nursery Rd
18	Apumoana Trail	8.90	Turn Right up Apumoana Trail	41	Yellow Track	19.70	Turn Left on to Yellow Track and follow all the way to Waipa (Sligh
19	Apumoana Sidewinder Link	9.90	Turn Left				Right at Bakers Hollow, Slight Left up the Steps after clearing).
20	Sidewinder Trail	10.00	Turn Left down Sidewinder Trail	42	Pohaturoa Rd	21.35	Turn Left on to Pohaturoa Rd, to Finish Lines
21	Sidewinder Trail	10.30	Turn Right on Lentil Rd				

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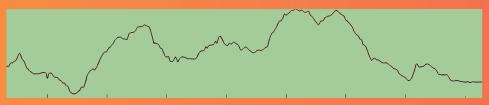
MOERANGI HALF MARATHON



INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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NEW ZEALAND FOREST MARATHON COURSE DESCRIPTION



COURSE OVERVIEW

Measured Distance Measured Elevation Gain 42.9kms 1950m

Course Open 10 hours

No.	Location	Km mark	Direction	No.	Location	Km mark	Direction
	Waipa MTB Carpark	0.00	Start	23	Windy and Hill Rd Intersection	11.10	Continue Straight on Windy Rd to Putake o Tawa Carpai
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd	24	Putake o Tawa Carpark	11.40	Run straight on field to paved footpath in front of shop
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track	25	Putake o Tawa Carpark	11.60	In front of Mountain Bike Rotorua
4	Kohaturoa Trig	1.60	Left Down Stairs	26	Putake o Tawa Carpark	11.70	Cross Road to continue on Windy Rd
	Trig Road	2.00	Continue Straight on Trig Rd	27	Tawa Running Track	11.90	Turn Right on to Running Track
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd	28	Eagle vs Shark Picnic Table	12.80	Continue Straight through skid site to Koe Koe Rd
7	Nursery Rd	3.20	Turn Left down Nursery Rd	29	Koe Koe Rd and Hill Rd Intersection	13.60	Turn Left along Hill Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path	30	Frontal Lobotomy	14.10	Turn Left up Frontal Lobotomy Trail
	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail	31	Main Hill Shuttle Drop Off, Tawa Rd	15.20	Turn Left up Tawa Rd
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track	32	Tuhoto Ariki Trail	15.90	Turn Left on to Tuhoto Ariki
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd	33	Moerangi Rd	19.10	Turn Left up Moerangi Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd	34	Timewarp	19.60	Turn Right in to Timewarp
13	As You Do Track	5.90	Continue past As You Do Track	35	Time Warp Loop Rd Link	20.10	Continue on Timewarp, Keep Right
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd	36	Moerangi Trig. Top of Timewarp	20.50	Loop around the Trig and down Moerangi Descent.
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on Tokorangi Pa Rd towards Tarawera Rd	37	Loop Rd	21.50	Turn Left on to Loop Rd
16	Tarawera Return Dual Use Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop	38	Chinamans Skid Rd	21.80	Veer Right down old Chinamans Skid Rd
			Return Trail	39	Chinamans Rd	22.20	Exit on to Chinamans Rd
17	Pipeline Rd	8.60	Slight Left on to Pipeline Rd	40	Moerangi Rd	23.20	Turn Right on to Moerangi Rd
18	Apumoana Trail	8.90	Turn Right up Apumoana Trail	41	Tikitapu Rd	24.70	Turn Right on to Tikitapu Rd
19	Apumoana Sidewinder Link	9.90	Turn Left	42	Branch Rd, interssection with Tikitapu Rd	25.00	Turn Left down Branch Rd
20	Sidewinder Trail	10.00	Turn Left down Sidewinder Trail	43	Lakefront Rd	25.35	Turn Right on to Green Lake Rd
21	Sidewinder Trail	10.30	Turn Right on Lentil Rd	44	Lakefront Rd 8 Mile Rd Interserction	26.00	Turn Left in to side track next to sealed rd, Cross 8 Mile
22	Lentil and Hill Rd Intersection	13.20	Continue Straight on Hill Rd				directly in to Sandstone Rd

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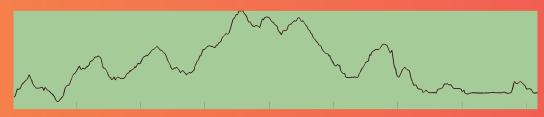
NEW ZEALAND FOREST MARATHON COURSE DESCRIPTION



No.	Location	Km mark	Direction
45	Lookout Rd	26.50	Turn Right up Lookout Rd
46	Kakapiko Peak, Tower	28.60	Keep left around loop Rd, back down and turn left to No
			Brains Access Rd
47	New Kakapiko Walking Track	30.60	Turn Left down the new walking track
48	Black Track Natives	33.00	Turn Right on to Black Track Natives
49	Intersection of Heath Rd and Poplar Ave	34.20	Turn Left off Heath Rd on to Poplar Ave
50	Waipa Bypass Rd Intersection with Poplar Ave	and Toi Oho) Mai
		35.30	CAUTION: Cross Waipa Bypass Rd
51	Red Stag Truck Entry	35.40	CAUTION: Cross Truck Entry
52	Nursery Rd, Waipa Bypass Rd Intersection	35.50	Cross Nursery Rd on to Right Puarenga Stream Track
53	Nice Rd Exit of Puarenga Stream Track	36.50	Cross Puarenga Stream Bridge and exit on to Nice Rd,
			Continue Left on to Larch Rd
54	Duck Pond	36.80	At the Duck Pond, Turn Left in to Puarenga Stream Track
			Duckpond Link
55	Puarenga Stream Track exit on to Nursery Rd	37.80	Turn Right on to Nursery Rd
56	Intersection of The Wash Rd and Nursery Rd	38.60	Turn Right on the The Wash Rd
57	Spruce Rd intersection with The Wash Rd	39.00	Turn Left on to Spruce Rd
58	Cardiac Steps (Purple Track)	39.10	Turn Left on to Cardiac Steps Track
59	Katore Rd Lower	39.40	Continue on Katore Rd following Water Ponds Upper
			Fence Line

No.	Location	Km mark	Direction
60	Pig Track	39.90	Turn Left down Pig Track
61	Ovata Rd	40.60	Slight Right on to Ovata Rd
62	Nursery Rd and Ovata Rd intersection	40.80	Turn Right on to Nursery Rd
63	Yellow Track Entrance from Nursery Rd	40.90	Turn Left on to Yellow Track and follow all the way to
			Waipa (Slight Right at Bakers Hollow, Slight Left up the
			Steps after clearing).
64	Pohaturoa Rd and Yellow Track intersection	42.85	Turn Left on to Pohaturoa Rd, to Finish Lines

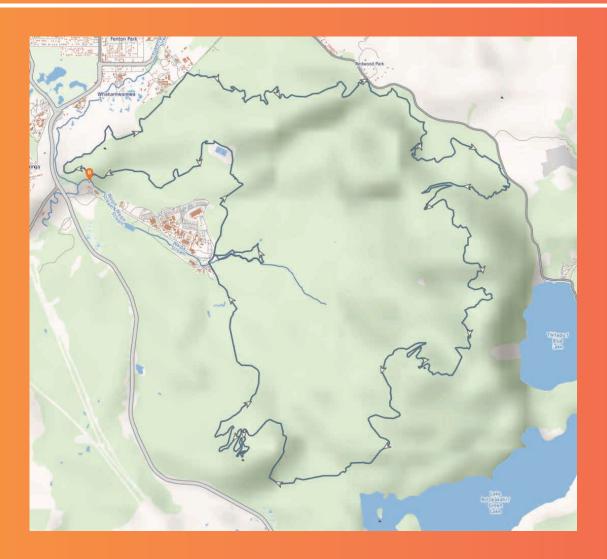
INDICATIVE ELEVATION PROFILE



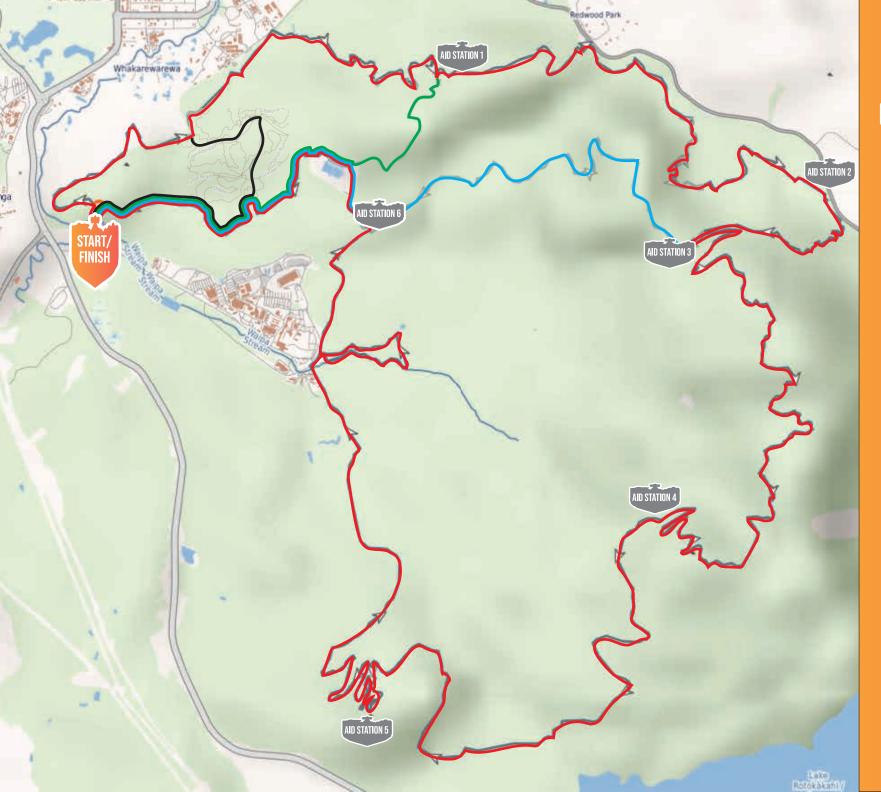
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NEW ZEALAND FOREST MARATHON INDICATIVE MAP





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NEW ZEALAND MARATHON COURSE 42km



MOERANGI HALF MARATHON COURSE 21km



10km

