



COURSE MAPS AND DESCRIPTIONS



PLEASE NOTE: COURSE MAPS AND DESCRIPTIONS ARE SUBJECT TO CHANGE

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PAK'nSAVE ROTORUA KIDS FOREST RUN - PRIMARY SCHOOLS 2KM

COURSE DESCRIPTION

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.30	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.45	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
5	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn Right on to Pohaturoa Rd
7	Tahi Rd Crossing	1.40	Straight
8	Tahi Extension Exit	1.70	Straight
9	Pohaturoa Rd	2.0	Turn Left on to Pohaturoa Rd, to Finish Line



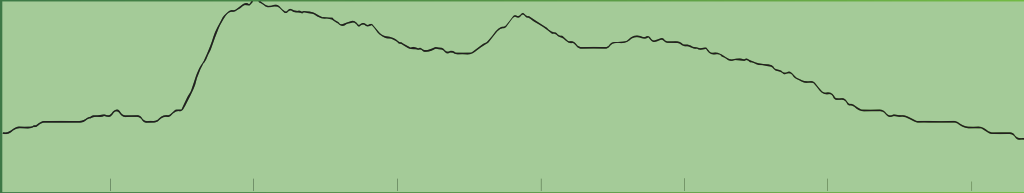
COURSE OVERVIEW

Measured Distance	Measured Elevation Gain	Course Open
2.0kms	40m	1 hour

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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PAK'nSAVE ROTORUA KIDS FOREST RUN - INTERMEDIATE SCHOOLS 3km

COURSE DESCRIPTION

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.30	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.45	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
5	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn sharp left onto Pohaturoa Road
7	Bakers Hollow Intersection	1.44	Turn sharp right onto Bakers Hollow
8	Yellow Track Entrance	1.91	Turn sharp right onto Pohaturoa Walking Track (Yellow)- Waipa to Nursery
9	Pohaturoa Rd	2.55	Turn right onto Pohaturoa Walking Track Flood Diversion
10	Pohaturoa Rd	2.62	Turn sharp left onto Pohaturoa Road
11	Pohaturoa Rd	2.62	Turn sharp left onto Pohaturoa Road
12	Pohaturoa Rd	3.0	Turn Left on to Pohaturoa Rd, to Finish Line



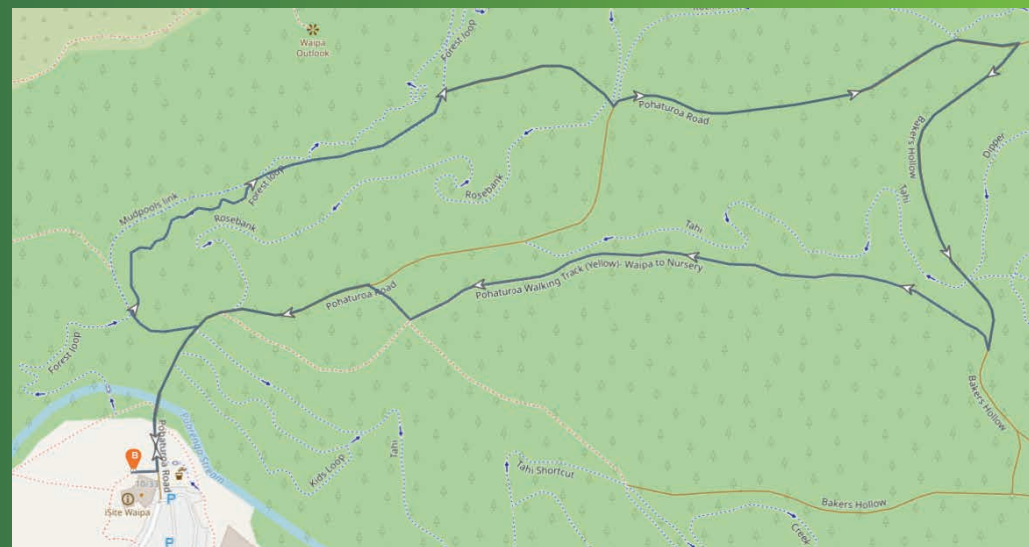
COURSE OVERVIEW

Measured Distance
3.0kms

Measured Elevation Gain
52m

Course Open
1 hour

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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SECRET SPOT HOT TUBS 5K TRIG LOOP

COURSE DESCRIPTION



COURSE OVERVIEW

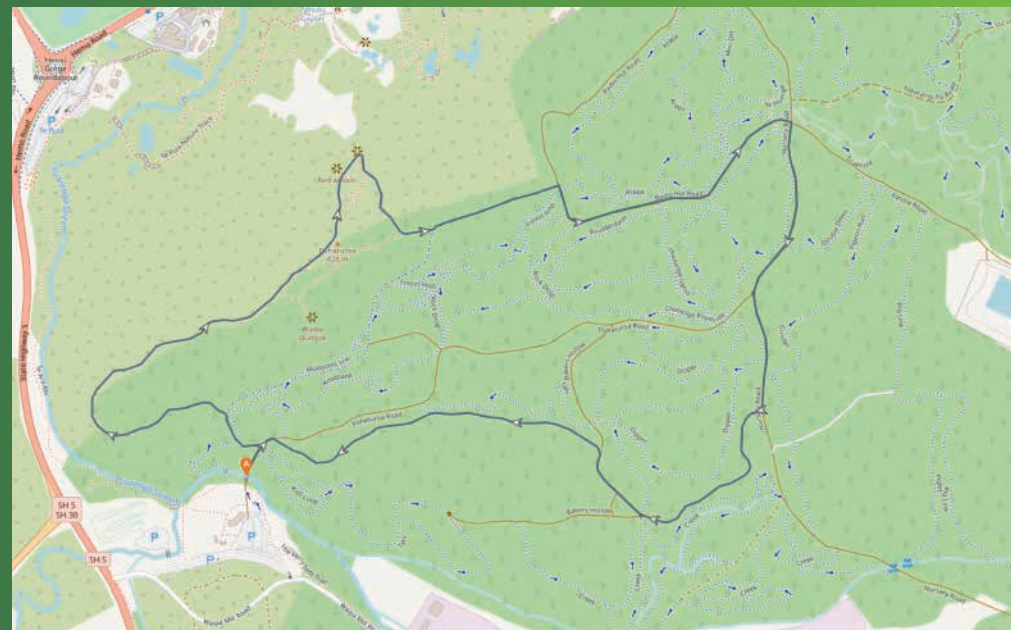
Measured Distance
5.45kms

Measured Elevation Gain
140m

Course Open
3.5 hours

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
5	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Right on Radio Hut Rd
7	Nursery Rd	3.00	Turn Right down Nursery Rd
8	Yellow Track	3.80	Turn Right on to Yellow Track and follow all the way to Waipa (Slight Right at Bakers Hollow, Slight Left up the Steps after clearing).
9	Pohaturoa Rd	5.45	Turn Left on to Pohaturoa Rd, to Finish Lines

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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TITOKORANGI 10K

COURSE DESCRIPTION



No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
5	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd	3.20	Turn Left down Nursery Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path
9	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd
13	As You Do Track	5.90	Turn Right Up As You Do Track
14	Tokorangi Pa Rd	6.20	Turn Right on to Tokorangi Pa Rd
15	Katore Rd	6.50	Turn Left down Katore Rd
16	Pig Track	7.80	Turn Left down Pig Track
17	Ovata Rd	8.50	Slight Right on to Ovata Rd
18	Nursery Rd	8.70	Turn Right on to Nursery Rd
19	Yellow Track	8.80	Turn Left on to Yellow Track and follow all the way to Waipa (Slight Right at Bakers Hollow, Slight Left up the Steps after clearing).
20	Pohaturoa Rd	10.45	Turn Left on to Pohaturoa Rd, to Finish Lines

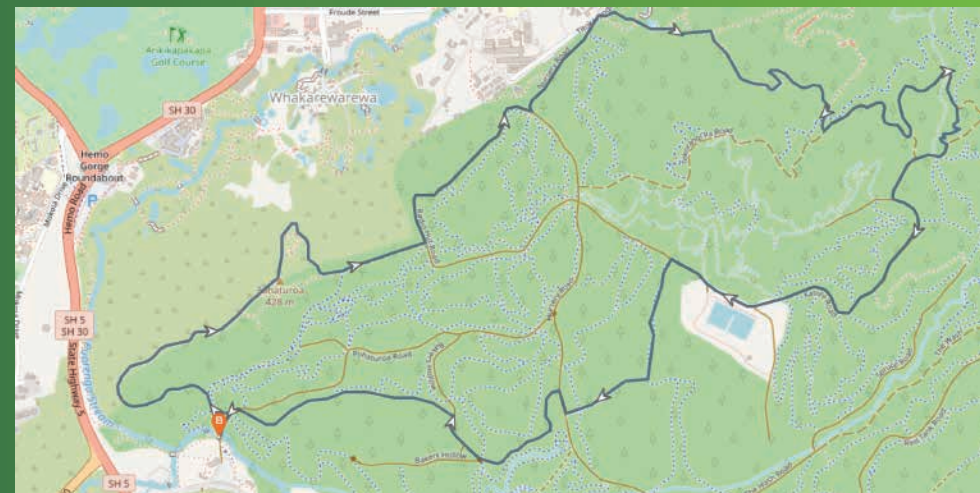
COURSE OVERVIEW

Measured Distance
10.5kms

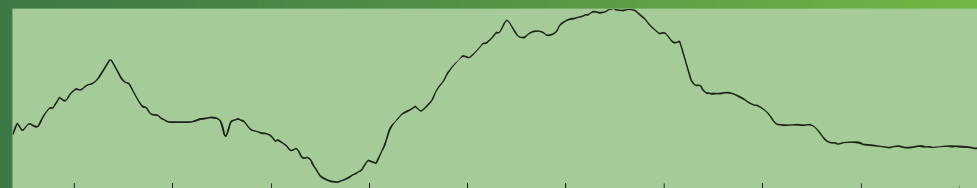
Measured Elevation Gain
430m

Course Open
5 hours

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CAMELBAK MOERANGI HALF MARATHON

COURSE DESCRIPTION

CAMELBAK®



COURSE OVERVIEW

Measured Distance
21.35kms

Measured Elevation Gain
950m

Course Open
7 hours

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
5	Trig Road	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd	3.20	Turn Left down Nursery Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path
9	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd
12	Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd
13	As You Do Track	5.90	Continue past As You Do Track
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on to Tokorangi Pa Rd down towards Tarawera Rd
16	Tarawera Return Dual Use Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop Return Trail
17	Pipeline Rd	8.60	Slight Left on to Pipeline Rd
18	Apumoana Trail	8.90	Turn Right up Apumoana Trail
19	Apumoana Sidewinder Link	9.90	Turn Left
20	Sidewinder Trail	10.00	Turn Left down Sidewinder Trail
21	Sidewinder Trail	10.30	Turn Right on Lentil Rd

No.	Location	Km mark	Direction
22	Lentil and Hill Rd Intersection	11.10	Continue Straight on Hill Rd
23	Windy and Hill Rd Intersection	11.10	Continue Straight on Windy Rd to Putake o Tawa Carpark
24	Putake o Tawa Carpark	11.40	Run straight on field to paved footpath in front of shops
25	Putake o Tawa Carpark	11.60	In front of Mountain Bike Rotorua
26	Putake o Tawa Carpark	11.70	Cross Road to continue on Windy Rd
27	Tawa Running Track	11.90	Turn Right on to Running Track
28	Eagle vs Shark Picnic Table	12.80	Continue Straight through skid site to Koe Koe Rd
29	Koe Koe and Hill Rd Intersection	13.60	Turn Left along Hill Rd
30	Frontal Lobotomy	14.10	Turn Right down Direct Rd
31	Indirect Rd	14.30	Turn Right up Indirect Rd
32	Indirect Rd, Hot X Intersection	15.30	Turn Left down Indirect Rd
33	Direct Rd	15.60	Turn Right down Direct Rd
34	Direct & Red Tank Rd Intersection	16.40	Head Straight through intersection to The Wash. Down the Wash
35	Spruce Rd	17.80	Turn Right on to Spruce Rd
36	Cardiac Steps (Purple Track)	17.90	Turn Left on to Cardiac Steps Track
37	Katore Rd Lower	18.20	Continue on Katore Rd following Water Ponds Upper Fence Line
38	Pig Track	18.70	Turn Left down Pig Track
39	Ovata Rd	19.40	Slight Right on to Ovata Rd
40	Nursery Rd	19.60	Turn Right on to Nursery Rd
41	Yellow Track	19.70	Turn Left on to Yellow Track and follow all the way to Waipa (Slight Right at Bakers Hollow, Slight Left up the Steps after clearing).
42	Pohaturoa Rd	21.35	Turn Left on to Pohaturoa Rd, to Finish Lines

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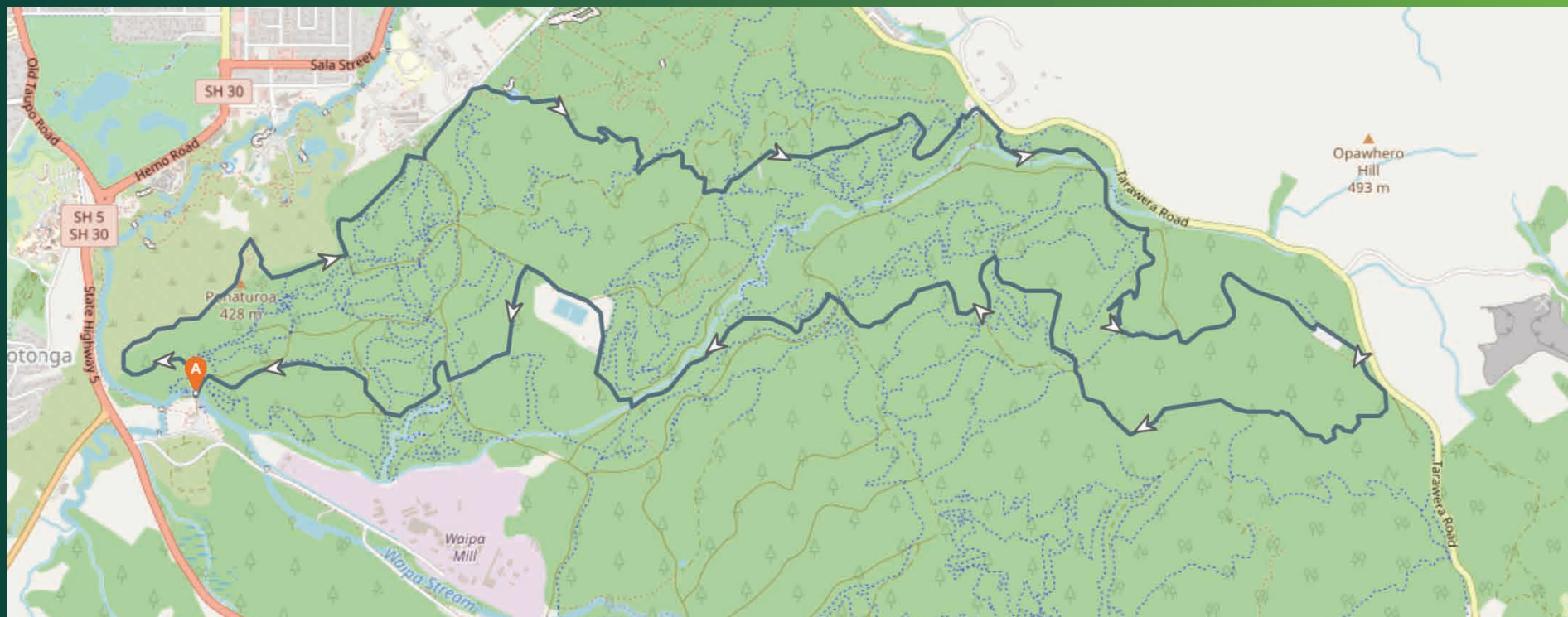
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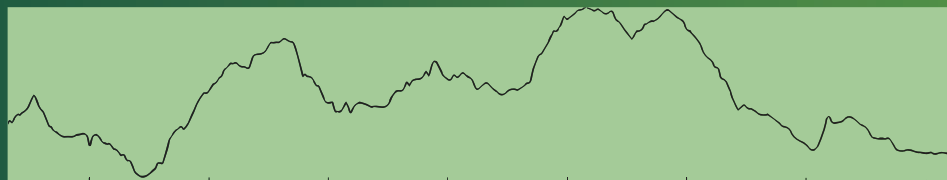
CAMELBAK®



INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION



COURSE OVERVIEW

Measured Distance
42.35kms

Measured Elevation Gain
1950m

Course Open
10 hours

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.10	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.25	Continue Straight Up Trig Track
4	Kohaturoa Trig	1.60	Left Down Stairs
5	Trig Road intersection with Mud Pool to Trig Link.	2.00	Continue Straight on Trig Rd
6	Radio Hut Rd intersection with Trig Road	2.40	Turn Left on Radio Hut Rd
7	Nursery Rd interserction with Radio Hut Rd	3.20	Turn Left down Nursery Rd
8	Titokorangi Dr	3.55	Continue through gate on to right hand foot path
9	Redwood Memorial Grove	3.65	Turn Right on to Redwoods walking trail
10	Titokorangi Pa Track	3.80	Turn Right on to Titokorangi Pa Track
11	Titokorangi Pa Track	4.70	Continue on track all the way to Tokorangi Pa Rd
12	Titokorangi Pa Track exit on to Tokorangi Pa Rd	4.90	Turn Left on to Tokorangi Pa Rd
13	Tokorangi Pa Rd intersection with last section of As You Do Track climb	5.90	Continue past As You Do Track
14	Tokorangi Pa Rd Intersection	6.10	Slight Right on to Alternative Tokorangi Rd
15	Tokorangi Pa Rd Intersection 2	6.90	Turn Right on to Tokorangi Pa Rd down towards Tarawera Rd
16	Tarawera Rd Water Tank end of entrace/exit of Forest Loop Return Trail	7.60	MAJOR INTERSECTION: Slight Right on to Forest Loop Return TrailReturn Trail
17	Pipeline Rd intersection with Forest Loop Return Trail	8.60	Slight Left on to Pipeline Rd

No.	Location	Km mark	Direction
18	Entrance to Apumoana Trail from Pipeline Rd.	8.90	Turn Right up Apumoana Trail
19	Apumoana Sidewinder Link	9.90	Turn Left
20	Sidewinder Trail	10.00	Turn Left down Sidewinder Trail
21	Sidewinder Trail	10.30	Turn Right on Lentil Rd
22	Lentil and Hill Rd Intersection	11.10	Continue Straight on Hill Rd
23	Windy and Hill Rd Intersection	11.10	Continue Straight on Windy Rd to Putake o Tawa Carpark
24	Putake o Tawa Carpark	11.40	Run straight on field to paved footpath in front of shops
25	Putake o Tawa Carpark by Water Tap, Toilet and MBR Tawa Shop	11.60	In front of Mountain Bike Rotorua
26	Putake o Tawa Carpark crossing at road entrance	11.70	Cross Road to continue on Windy Rd
27	Tawa Running Track	11.90	Turn Right on to Running Track
28	Eagle vs Shark Picnic Table	12.80	Continue Straight through skid site to Koe Koe Rd
29	Koe Koe Rd and Hill Rd Intersection	13.60	Turn Left along Hill Rd
30	Frontal Lobotomy, out of the way of shuttle, just before turning down Direct Rd	14.10	Turn Left up Frontal Lobotomy Trail
31	Main Hill Shuttle Drop Off, Tawa Rd	15.20	Turn Left up Tawa Rd
32	Tuhoto Ariki Trail	15.90	Turn Left on to Tuhoto Ariki
33	Moerangi Rd	19.30	Cross Moerangi Rd
34	Timewarp	19.80	Straight across the road in to Timwarp
35	Timewarp Link Rd entry	20.30	Continue on Timewarp, Keep Right
36	Moerangi Trig. Top of Timewarp	20.70	Loop around the Trig and down Moerangi Descent.

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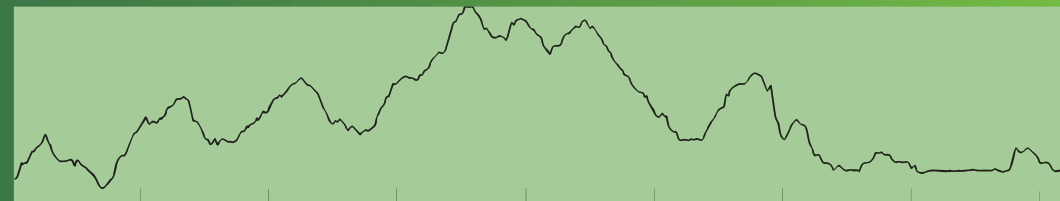
COURSE DESCRIPTION



No.	Location	Km mark	Direction
37	Loop Rd, at the old skid site that leads down to Chinamans Rd Skid access	21.70	Turn Left on to Loop Rd
38	Chinamans Skid Rd	22.00	Veer Right down old Chinamans Skid Rd
39	Chinamans Rd	22.40	Exit on to Chinamans Rd
40	Moerangi Rd	23.40	Turn Right on to Moerangi Rd
41	Tikitapu Rd	24.90	Turn Right on to Tikitapu Rd
42	Top of Branch Rd, intersection with Tikitapu Rd	25.20	Turn Left down Branch Rd
43	Lakefront Rd	25.55	Turn Right on to Green Lake Rd
44	Lakefront Rd 8 Mile Rd Interseccion	26.20	Turn Left in to side track next to sealed rd, Cross 8 Mile directly in to Sandstone Rd
45	Lookout Rd	26.70	Turn Right up Lookout Rd
46	Kakapiko Peak, Tower	28.80	Keep left around loop Rd, back down and turn left to No Brains Access Rd
47	New Kakapiko Walking Track	30.80	Turn Left down the new walking track
48	Black Track Natives	33.20	Turn Right on to Black Track Natives
49	Intersection of Heath Rd and Poplar Ave	34.40	Turn Left off Heath Rd on to Poplar Ave
50	Waipa Bypass Rd Intersection with Poplar Ave and Toi Oho Mai	35.50	CAUTION: Cross Waipa Bypass Rd
51	Red Stag Truck Entry	35.60	CAUTION: Cross Truck Entry
52	Nursery Rd, Waipa Bypass Rd Intersection	35.70	Cross Nursery Rd on to Right Puarenga Stream Track
53	Puarenga Stream Track mid-track crossing	36.40	Cross first Puarenga Stream Bridge and run opposite side of stream now heading down river

No.	Location	Km mark	Direction
54	Puarenga Stream Track and Duck Pond Link Track Intersection	36.50	Continue straight past the link track
55	Puarenga Stream Track exit on to Nursery Rd	37.30	Turn Right on to Nursery Rd
56	Intersection of The Wash Rd and Nursery Rd	38.10	Turn Right on the The Wash Rd
57	Spruce Rd intersection with The Wash Rd	38.50	Turn Left on to Spruce Rd
58	Cardiac Steps (Purple Track)	38.60	Turn Left on to Cardiac Steps Track
59	Katore Rd Lower	38.90	Continue on Katore Rd following Water Ponds Upper Fence Line
60	Exit of Pig Track on to Katore Rd.	39.40	Turn Left down Pig Track
61	Ovata Rd	40.10	Slight Right on to Ovata Rd
62	Nursery Rd and Ovata Rd intersection	40.30	Turn Right on to Nursery Rd
63	Yellow Track Entrance from Nursery Rd	40.40	Turn Left on to Yellow Track and follow all the way to Waipa (Slight Right at Bakers Hollow, Slight Left up the Steps after clearing).
64	Pohaturoa Rd and Yellow Track intersection	42.35	Turn Left on to Pohaturoa Rd, to Finish Line.
FINISH			

INDICATIVE ELEVATION PROFILE



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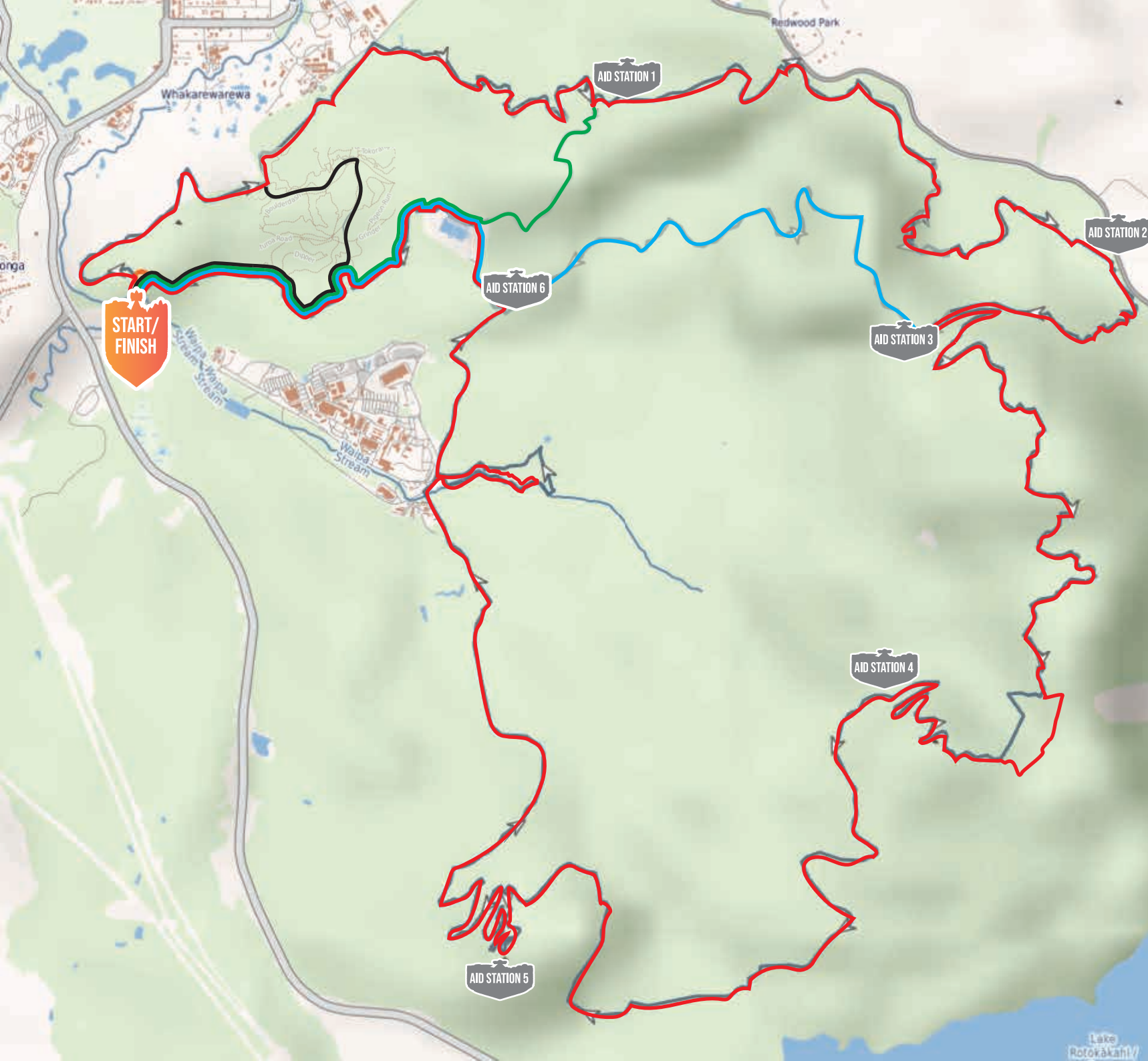
NEW ZEALAND FOREST MARATHON

INDICATIVE MAP



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LEGEND OF THE PEAKS
ROTORUA | AOTEAROA NEW ZEALAND



-  **NEW ZEALAND MARATHON COURSE**
42km
-  **MOERANGI HALF MARATHON COURSE**
21km
-  **TITOKORANGI 10K COURSE**
10km
-  **5K TRIG LOOP COURSE**
2km