



COURSE MAPS AND DESCRIPTIONS



PLEASE NOTE: COURSE MAPS AND DESCRIPTIONS ARE SUBJECT TO CHANGE

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PAK'nSAVE ROTORUA KIDS FOREST RUN – PRIMARY SCHOOLS 2KM

COURSE OVERVIEW (ALSO USED FOR KOEKE CLASSIC)

Measured Distance
2.0kms

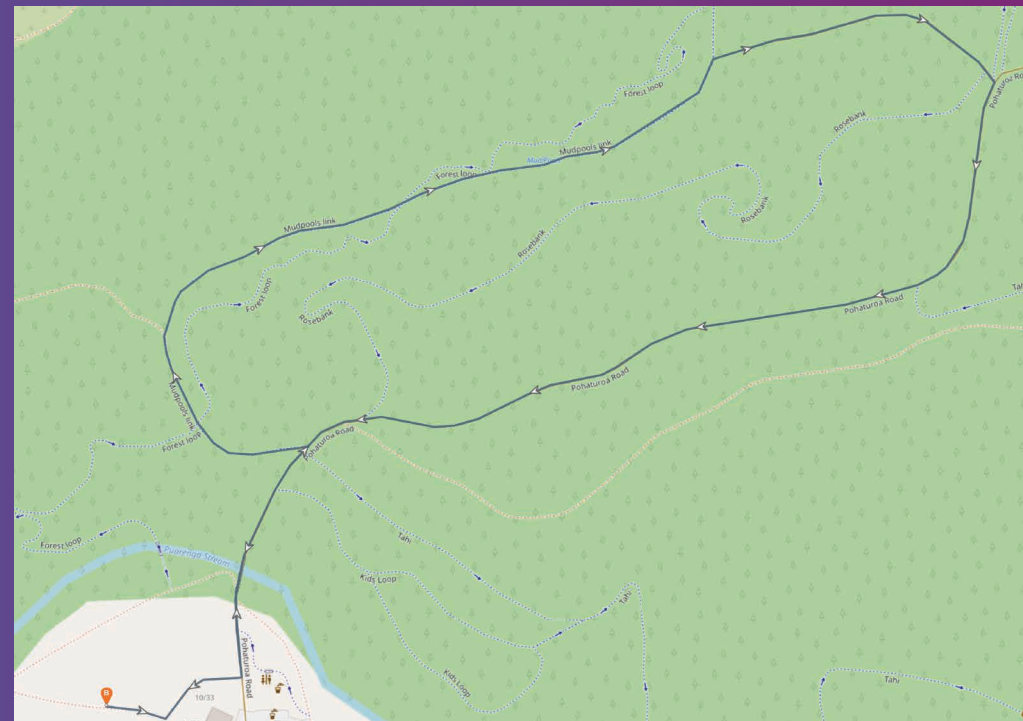
Measured Elevation Gain
40m

Course Open
1 hour

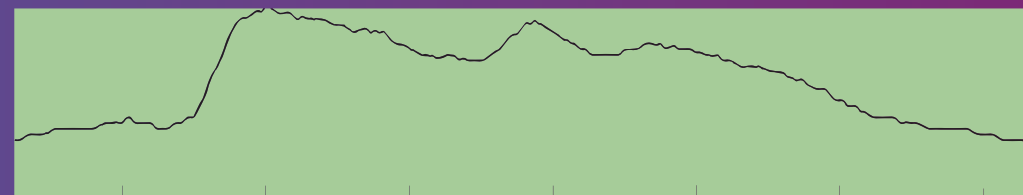
COURSE DESCRIPTION

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.20	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.40	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
5	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn Right on to Pohaturoa Rd
7	Tahi Rd Crossing	1.40	Straight on Pohaturoa Rd
8	Tahi Extension Exit	1.70	Straight on Pohaturoa Rd
9	Waipa MTB Carpark	2.0	Finish

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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PAK'nSAVE ROTORUA KIDS FOREST RUN - INTERMEDIATE SCHOOLS 3km

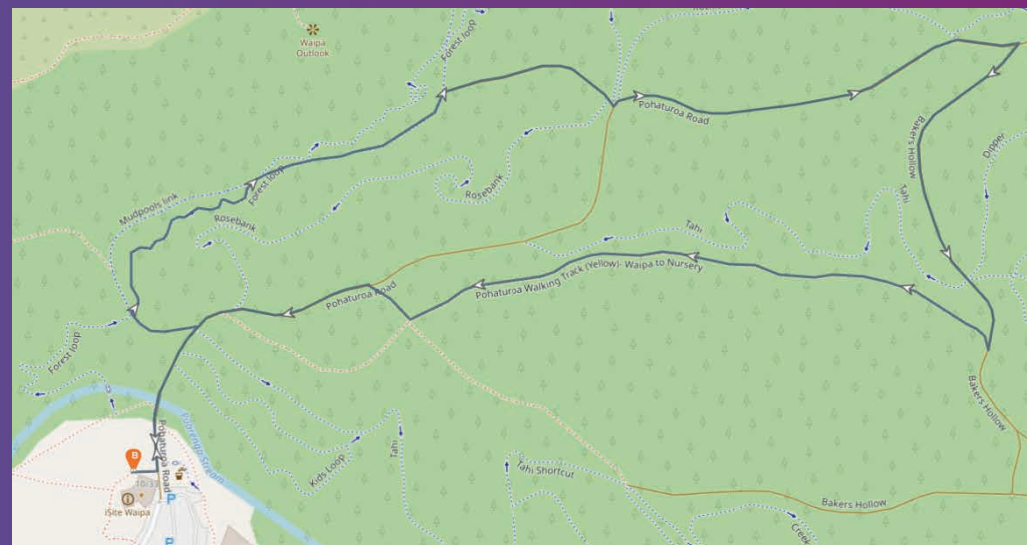
COURSE OVERVIEW (ALSO USED FOR KOEKE CLASSIC)

Measured Distance	Measured Elevation Gain	Course Open
3.0kms	52m	1 hour

COURSE DESCRIPTION

No.	Location	Km mark	Direction
1	Waipa MTB Carpark	0.00	Start
2	Pohaturoa and Mud Pool Link Rd intersection	0.20	Turn Left up Mud Pool Link Rd
3	Mud Pool Link Rd Turn Off	0.40	Turn Right on to Mud Pool Link Rd
4	Forest Loop Entry	0.65	Continue Straight
5	Horse Track Uphill Intersection	0.90	Turn Right to stay on Mud Pool Link Rd
6	Pohaturoa Rd	1.10	Turn sharp left onto Pohaturoa Road
7	Bakers Hollow Intersection	1.44	Turn sharp right onto Bakers Hollow
8	Yellow Track Entrance	1.91	Turn sharp right onto Pohaturoa Walking Track (Yellow)
9	Pohaturoa Rd	2.55	Turn right onto Pohaturoa Walking Track Flood Diversion
10	Pohaturoa Rd	2.62	Turn sharp left onto Pohaturoa Road
11	Waipa MTB Carpark	3.0	Finish

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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SECRET SPOT HOT TUBS 5K TRIG LOOP

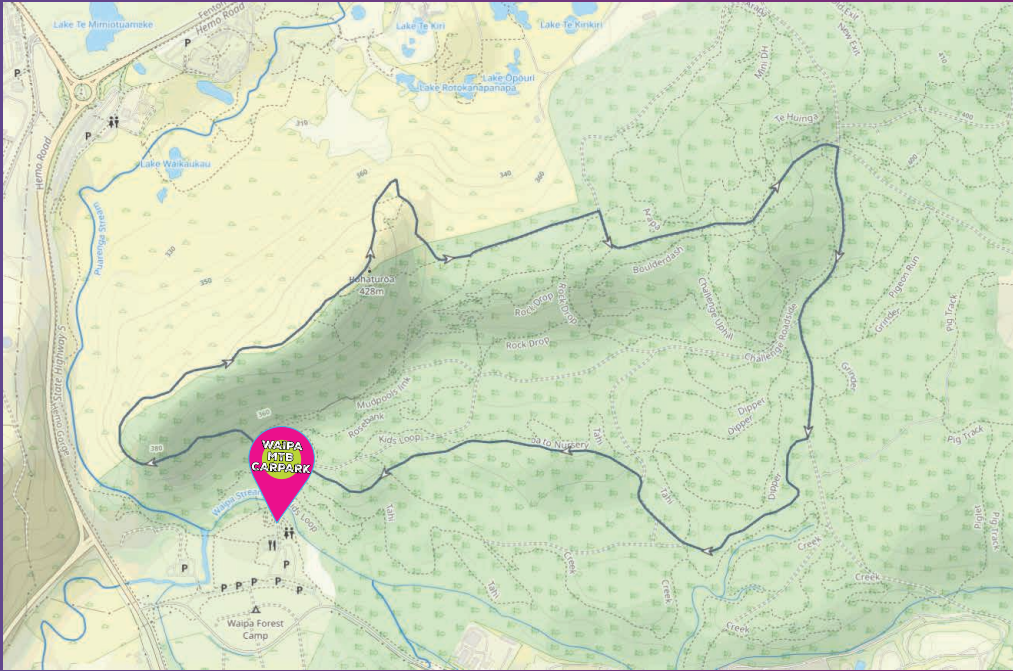
COURSE DESCRIPTION

COURSE OVERVIEW

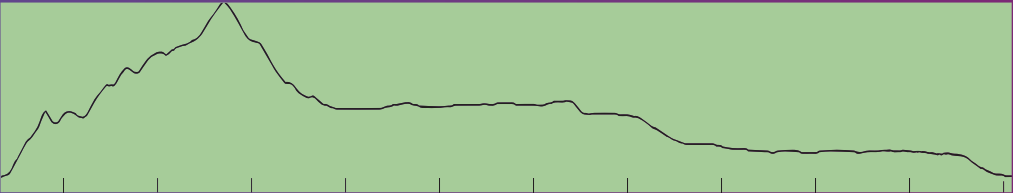
Measured Distance	Measured Elevation Gain	Course Open
5.50kms	160m	3 hours

No.	Location	GPS	GPS Watch	Wheel Measure	Direction
1	Waipa MTB Carpark			0	Start.
2	Pohaturoa and Mud Pool Link Rd intersection				Turn left up Mud Pool Link Rd.
3	Mud Pool Link Rd Turn Off				Continue straight up Trig Track.
4	Kohaturoa/Pohaturoa Trig	1.6	1.5	1.68	Bear slightly left down the stairs.
5	Lookout Area (Bottom of Steps)				Turn right at the bottom of the steps.
6	Trig Road				Continue straight on Trig Rd.
7	Radio Hut Rd	2.5	2.44	2.62	Turn right onto Radio Hut Rd.
8	Nursery Rd				Turn right down Nursery Rd.
9	Yellow Track	3.36	3.32	3.56	Turn right onto Yellow Track and follow all the way to Waipa. Bear slightly right at Bakers Hollow then slightly left up the steps after the clearing then turn left when you reach the road, you're almost home.
10	Waipa MTB Carpark	5.26	5.31	5.5	Finish

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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TITOKORANGI 10K

COURSE DESCRIPTION

COURSE OVERVIEW

Measured Distance
10.61kms

Measured Elevation Gain
435m

Course Open
5 hours

No.	Location	GPS	GPS Watch	Wheel Measure	Direction
1	Waipa MTB Carpark				Start.
2	Pohaturoa and Mud Pool Link Rd intersection				Turn left up Mud Pool Link Rd.
3	Mud Pool Link Rd Turn Off				Continue straight up Trig Track.
4	Kohaturoa/Pohaturoa Trig	1.6	1.5	1.68	Turn left down the stairs.
5	Lookout Area (Bottom of Steps)				Turn right at the bottom of the steps.
6	Trig Road				Continue straight on Trig Rd.
7	Radio Hut Rd	2.5	2.44	2.62	COURSE SPLIT. Turn left onto Radio Hut Rd.
8	Nursery Rd				Turn left down Nursery Rd.
9	Titokorangi Dr				Continue through the gate onto the right-hand footpath.
10	Redwood Memorial Grove	3.8	3.73	3.93	Turn right onto the Redwoods walking trail.
11	Titokorangi Pa Track	4.3	4.2	4.39	Turn right onto Titokorangi Pa Track.
12	Titokorangi Pa Track	5	5	5.13	COURSE SPLIT. Continue straight up Titokorangi Pa Track
13	Top of Titokorangi Pa Track				Turn left onto Titokorangi Pa Rd.
14	As You Do Track	6.13	5.79	6.14	Turn right up As You Do Track.
15	Top of As You Do Track (AID STATION 1)	6.32	5.96	6.34	COURSE SPLIT. AID STATION. Turn right onto Titokorangi Pa Rd. Head over the slight crest and you will see the skid site with the Katore Rd Link Trail.
16	Link Trail: Katore Rd to Box of Birds and K2				Turn left into the link trail.
17	Katore Rd				Turn left down Katore Rd.
18	Pig Trail Exit			7.52	Turn left and head down the Pig Track in reverse
19	Ovata Rd				Track will lead on to Ovata Rd, continue straight on the road.
20	Nursery Rd				Turn right onto Nursery Rd.
21	Yellow Track			8.67	Turn left onto Yellow Track and follow all the way to Waipa. Bear slightly right at Bakers Hollow, then slightly left up the steps after the clearing then turn left when you reach the road, you're almost home.
22	Waipa MTB Carpark	10.7	10.21	10.61	Finish

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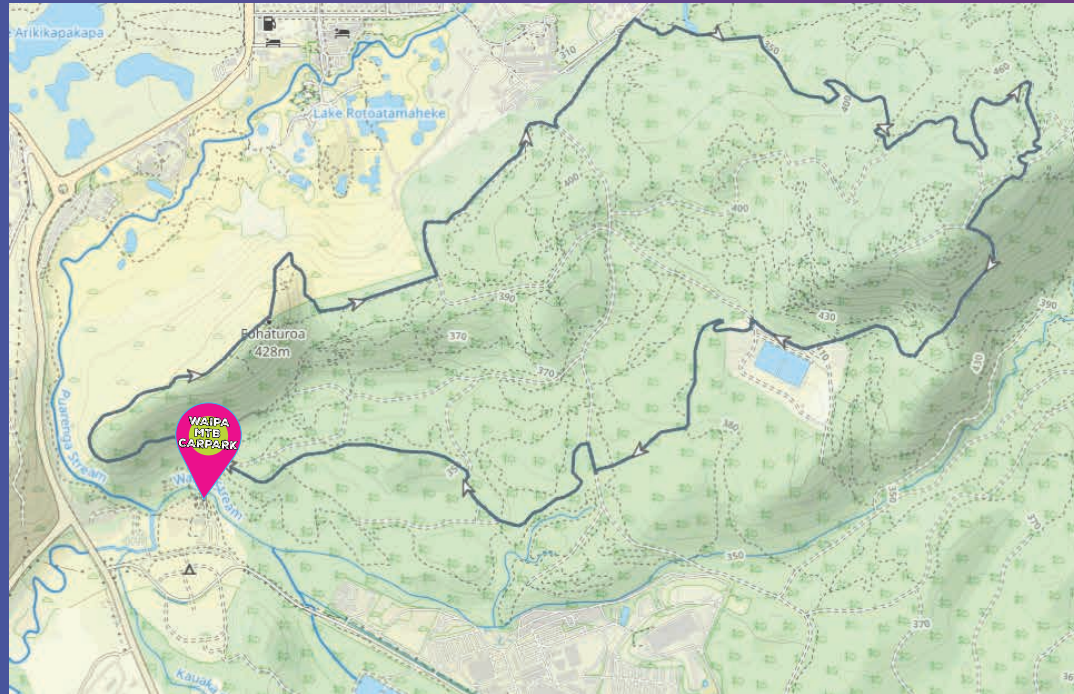
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TITOKORANGI 10K

COURSE DESCRIPTION

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE



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CAMELBAK MOERANGI HALF MARATHON

COURSE DESCRIPTION

COURSE OVERVIEW

Measured Distance
21.97kms

Measured Elevation Gain
815m

Course Open
7 hours

No.	Location	GPS	GPS Watch	Wheel Measure	Direction
1	Waipa MTB Carpark				Start.
2	Pohaturoa and Mud Pool Link Rd intersection				Turn left up Mud Pool Link Rd.
3	Mud Pool Link Rd Turn Off				Continue straight up Trig Track.
4	Kohaturoa/Pohaturoa Trig	1.6	1.5	1.68	Turn left down the stairs.
5	Lookout Area (Bottom of Steps)				Turn right at the bottom of the steps.
6	Trig Road				Continue straight on Trig Rd.
7	Radio Hut Rd	2.5	2.44	2.62	COURSE SPLIT. Turn left onto Radio Hut Rd.
8	Nursery Rd				Turn left down Nursery Rd.
9	Titokorangi Dr				Continue through the gate onto the right-hand footpath.
10	Redwood Memorial Grove	3.8	3.73	3.93	Turn right onto the Redwoods walking trail.
11	Titokorangi Pa Track	4.3	4.2	4.39	Turn right onto Titokorangi Pa Track.
12	Titokorangi Pa Track	5	5	5.13	COURSE SPLIT. Continue straight up Titokorangi Pa Track
13	Top of Titokorangi Pa Track				Turn left onto Titokorangi Pa Rd.

14	As You Do Track	6.13	5.79	6.14	Turn right up As You Do Track.
15	Top of As You Do Track (AID STATION 1)	6.32	5.96	6.34	COURSE SPLIT. AID STATION. Turn left onto Titokorangi Pa Rd. Continue until the split with the road going right and a well formed trail to the left. Take the left trail downhill.
16	Tarawera Rd Water Tank	9.02	8.24	8.68	Turn right after the water tank, follow the Whakarewarewa Forest Loop, and head down the dual use (bikers and walkers) Tarawera return trail away from the water tank.
17	Pipeline Rd				Take a left on Pipeline Rd
18	Entrance to Apumoana	10.72	9.68	10.23	COURSE SPLIT. Head up Apumoana Track.
19	Sidewinder link	11.86	10.82	11.37	COURSE SPLIT. Continue up Apumoana Track
20	Direct Rd MTB Shuttle drop off	14.49	13.45	14	Pop out of Apumoana Track, across the road turnaround area and head in to Apumoana Extension Trail which will be on your left.

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CAMELBAK MOERANGI HALF MARATHON

COURSE DESCRIPTION

21	Indirect Rd				At the end of the Apumoana Extension Trail, you'll pop out on to the Old Indirect Rd. Take a left turn and head along and down the road.
22	Direct Rd, Indirect Rd Intersection				At the intersection take a right turn to head up and along Direct Rd.
23	Direct Rd, Indirect Rd Intersection Again				The roads intersect another time at "The Rock Pile" here you take a left and head down the road. Caution, mtb shuttle vehicles operating.
24	Red Tank Rd, Pipeline Rd, Direct Rd Intersection (AID STATION 5)	16.91	15.87	16.42	AID STATION. Major intersection, take a left onto The Wash trail and head down the track.
25	The Wash Rd				Track turns in to a forestry road, continue straight.
26	Spruce Rd				Turn right in to Spruce Rd
27	Purple Track, Cardiac Steps	18.37	17.33	17.88	Turn left in to the old Purple Track and head up the steps
28	Katore Rd				Pop out on to Katore Rd and take a right
29	Katore Rd intersection				Slight left, staying on the fenceline next to the ponds.

30	Pig Trail Exit	19.37	18.33	18.88	Turn left and head down the Pig Track in reverse
31	Ovata Rd				Track will lead on to Ovata Rd, continue straight on the road.
32	Nursery Rd				Turn right onto Nursery Rd.
33	Yellow Track	20.52	19.48	20.03	Turn left onto Yellow Track and follow all the way to Waipa. Bear slightly right at Bakers Hollow, then slightly left up the steps after the clearing then turn left when you reach the road, you're almost home.
34	Waipa MTB Carpark	22.46	21.42	21.97	Finish

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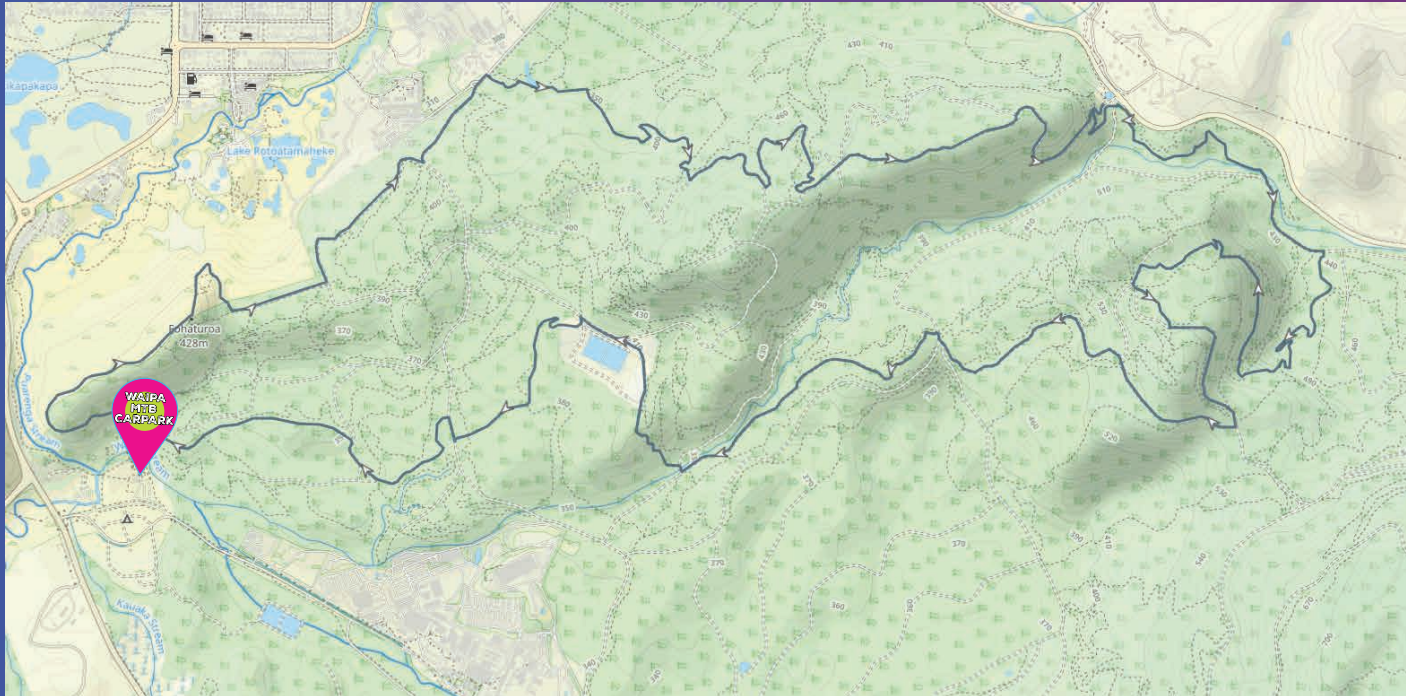
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CAMELBAK MOERANGI HALF MARATHON

COURSE DESCRIPTION

INDICATIVE MAP



INDICATIVE ELEVATION PROFILE





NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION

COURSE OVERVIEW

Measured Distance
42.43kms

Measured Elevation Gain
1542m

Course Open
10 hours

No.	Location	GPS	GPS Watch	Wheel Measure	Direction
1	Waipa MTB Carpark				Start.
2	Pohaturoa and Mud Pool Link Rd intersection				Turn left up Mud Pool Link Rd.
3	Mud Pool Link Rd Turn Off				Continue straight up Trig Track.
4	Kohaturoa/Pohaturoa Trig	1.6	1.5	1.68	Turn left down the stairs.
5	Lookout Area (Bottom of Steps)				Turn right at the bottom of the steps.
6	Trig Road				Continue straight on Trig Rd.
7	Radio Hut Rd	2.5	2.44	2.62	COURSE SPLIT. Turn left onto Radio Hut Rd.
8	Nursery Rd				Turn left down Nursery Rd.
9	Titokorangi Dr				Continue through the gate onto the right-hand footpath.
10	Redwood Memorial Grove	3.8	3.73	3.93	Turn right onto the Redwoods walking trail.
11	Titokorangi Pa Track	4.3	4.2	4.39	Turn right onto Titokorangi Pa Track.
12	Titokorangi Pa Track	5	5	5.13	COURSE SPLIT. Continue straight up Titokorangi Pa Track
13	Top of Titokorangi Pa Track				Turn left onto Titokorangi Pa Rd.
14	As You Do Track	6.13	5.79	6.14	Turn right up As You Do Track.
15	Top of As You Do Track (AID STATION 1)	6.32	5.96	6.34	COURSE SPLIT. AID STATION. Turn left onto Titokorangi Pa Rd. Continue until the split with the road going right and a well formed trail to the left. Take the left trail downhill.
16	Tarawera Rd Water Tank	9.02	8.24	8.68	Turn right after the water tank, follow the Whakarewarewa Forest Loop, and head down the dual use (bikers and walkers) Tarawera return trail away from the water tank.
17	Pipeline Rd				Take a left on Pipeline Rd
18	Entrance to Apumoana	10.72	9.68	10.23	COURSE SPLIT. Continue straight staying on Pipeline Rd
19	Hill Rd				End of Pipeline Rd, Left on to Hill Rd which almost immediately turns in to the Putake o Tawa Carpark.
20	Putake o Tawa MBR Tawa Shop (AID STATION 2)	12.61	10.31	11.27	AID STATION. Straight through the left side of the carpark, past the Aid Station.

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NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION

21	Windy Rd				Cross the far end of the carpark (watch for cars) and head up Windy Rd	33	Moerangi Trig	24.97	21.58	23.39	At the top of the trail, go past the trig and down the Moerangi walking track.
22	Tawa Walking Track				Turn right up the Tawa Walking Track	34	Loop Rd				Pop out on Loop Rd, left down the road.
23	Eagle Vs Shark Picnic table, Koekoe Rd Skid Site	14.31	11.88	12.95	Straight past the picnic table and along Koekoe Rd	35	Loop Rd exit to old skid rd	26.47	22.88	24.81	Arrive at an old skid rd and head down towards Chinamans Rd
24	Hill Rd				End of the Koekoe Rd, slight left on to Hill Rd	36	Chinamans Rd				Continue straight on Chinamans Rd
25	Direct Rd, Hill Rd intersection	15.01	12.69	13.78	Continue straight along Hill Rd	37	Intersection of Chinamans Rd and Moerangi Rd	27.77	24.15	26.11	Right on to Moerangi Rd
26	Te Mouna MTB Trail Crossing				Continue straight on Hill Rd	38	Tikitapu Rd				Right on to Tikitapu Rd
27	Moerangi Rd				Left up Moerangi Rd	39	Branch Rd				Left down Branch Rd
28	Tawa Rd				Left up Tawa Rd	40	Green Lake Rd				Right on to Green Lake Rd
29	Main Hill MTB Shuttle Drop Off	17.91	15.37	16.51	Continue past MTB Shuttle Drop Off, up Tawa Rd.	41	Green Lake Rd, 8 Mile Rd intersection	30.47	26.79	28.82	There is a little Link trail to your left that goes parallel with the sealed road. Head left along that trail and it takes you directly opposite Sandstone Rd. Carefully cross the sealed road on to Sandstone Rd, watching for traffic.
30	Tuhoto Ariki Track	18.61	16.08	17.23	Turn left on to Tuhoto Ariki Track						
31	Tuhoto Ariki Short Exit to Timewarp (AID STATION 3)	23.71	20.58	22.2	AID STATION. Turn right and exit track on to Moerangi Rd.						
32	Time Warp Entry	23.97	20.66	22.39	Head across Moerangi Rd and up Time Warp track.	42	Sandstone Rd				Continue straight along Sandstone Rd
						43	Lookout Rd				Turn right and up Lookout Rd

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NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION

44	Kakapiko (AID STATION 4)	33.27	29.43	31.52	AID STATION. Arrive at the top of the hill, around the ring road and back down to the Kakapiko Track.	52	Start of Puarenga Stream Track (WATER STATION)	38.77	34.81	37.03	COURSE SPLIT. WATER STATION. Continue straight on Nursery Rd all the way to The Wash Rd.
45	Entrance to Kakapiko Track	33.57	29.71	31.81	Head down Kakapiko Track	53	The Wash Rd				Turn right on to The Wash Rd
46	End of Kakapiko Track	34.87	31	33.14	Turn right on the Black Track	54	Spruce Rd				Turn left in to Spruce Rd
47	Dump Rd				Black Track turns in to Dump Rd	55	Purple Track, Cardiac Steps	39.99	36.03	38.34	Turn left in to the old Purple Track and head up the steps
48	Heath Rd				At the end of Dump Rd, slight right on to Heath Rd	56	Katore Rd				Pop out on to Katore Rd and take a right
49	Long Drive Road, Poplar Ave Intersection	37.77	33.82	36.02	At the end of Heath Rd take a right on to Long Drive then left on to Poplar Ave	57	Katore Rd intersection				Slight left, staying on the fenceline next to the ponds.
50	Toi Oho Mai				Continue straight through the Toi Oho Mai carpark and cross Waipa Bypass Rd, take extreme care, lots of traffic operating	58	Pig Trail Exit	40.99	37.02	39.34	Turn left and head down the Pig Track in reverse
51	Nursery Rd				Once across Waipa Bypass Rd, Slight right towards Nursery Rd and then left up Nursery Rd.	59	Ovata Rd				Track will lead on to Ovata Rd, continue straight on the road.
						60	Nursery Rd				Turn right onto Nursery Rd.
						61	Yellow Track	42.09	38.11	40.49	Turn left onto Yellow Track and follow all the way to Waipa. Bear slightly right at Bakers Hollow, then slightly left up the steps after the clearing then turn left when you reach the road, you're almost home.
						62	Waipa MTB Carpark	44.09	40.14	42.43	Finish

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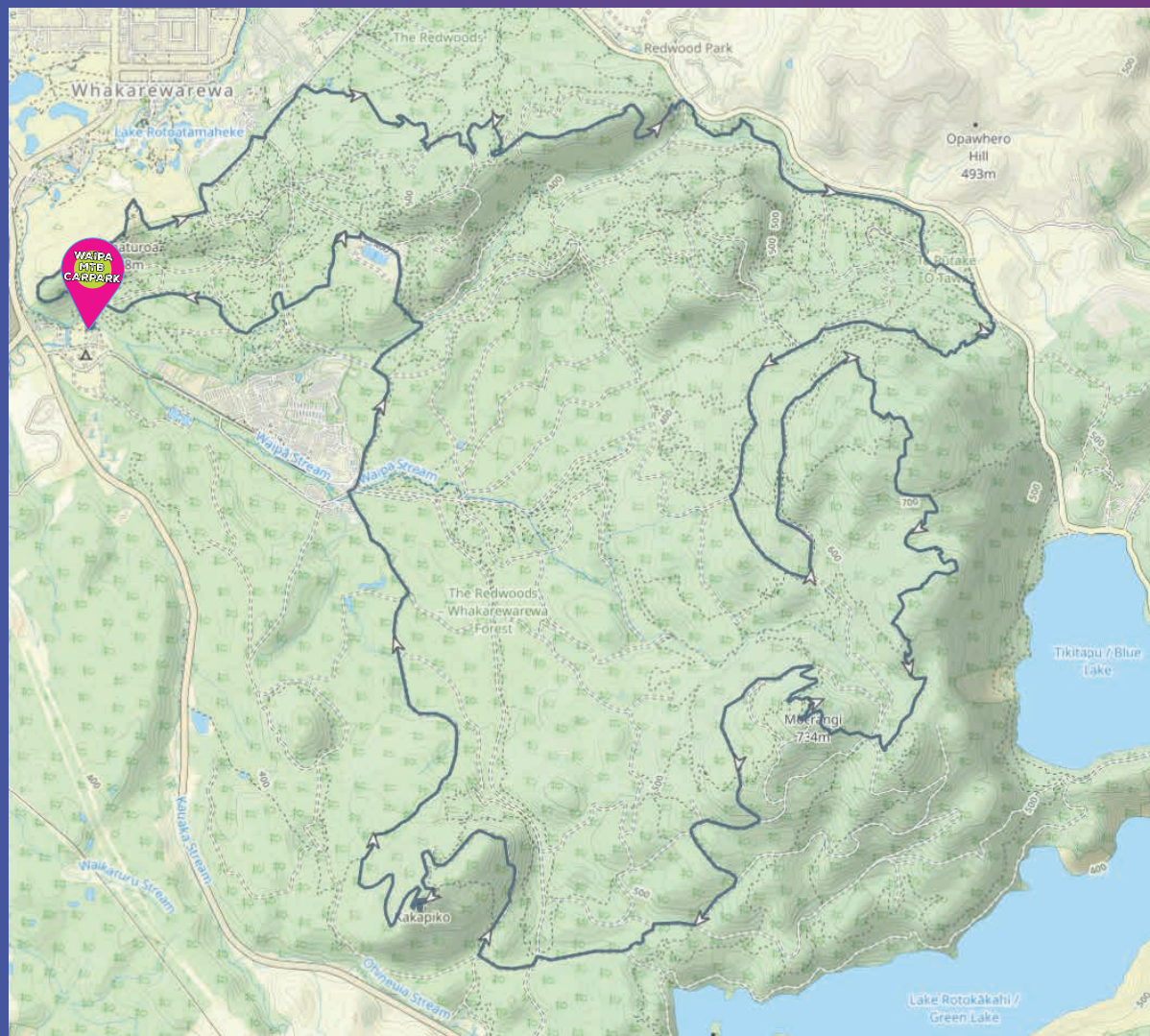
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NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION

INDICATIVE MAP



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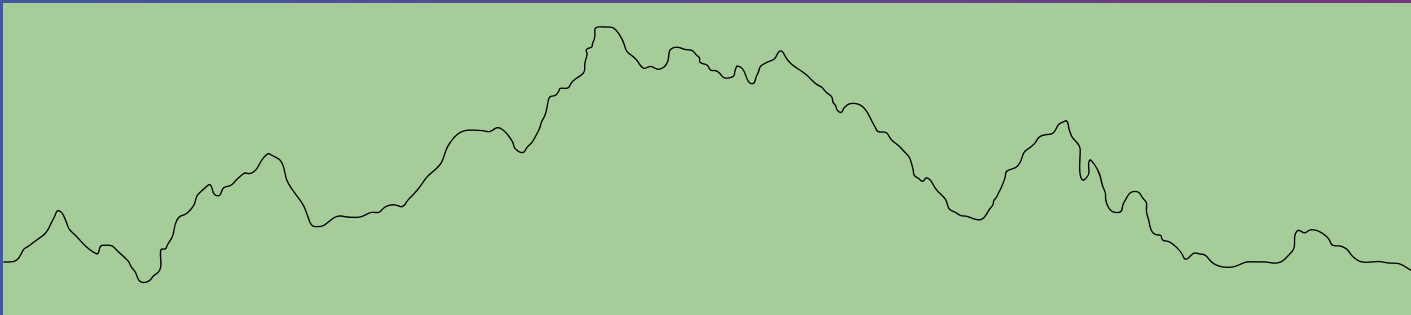
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NEW ZEALAND FOREST MARATHON

COURSE DESCRIPTION

INDICATIVE ELEVATION PROFILE



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WHAKA ULTRA 50K

COURSE DESCRIPTION

COURSE OVERVIEW

Measured Distance
50.38kms

Measured Elevation Gain
1854m

Course Open
12 hours

No.	Location	GPS	GPS Watch	Wheel Measure	Direction
1	Waipa MTB Carpark				Start.
2	Pohaturoa and Mud Pool Link Rd intersection				Turn left up Mud Pool Link Rd.
3	Mud Pool Link Rd Turn Off				Continue straight up Trig Track.
4	Kohaturoa/Pohaturoa Trig	1.6	1.5	1.68	Turn left down the stairs.
5	Lookout Area (Bottom of Steps)				Turn right at the bottom of the steps.
6	Trig Road				Continue straight on Trig Rd.
7	Radio Hut Rd	2.5	2.44	2.62	COURSE SPLIT. Turn left onto Radio Hut Rd.
8	Nursery Rd				Turn left down Nursery Rd.
9	Titokorangi Dr				Continue through the gate onto the right-hand footpath.
10	Redwood Memorial Grove	3.8	3.73	3.93	Turn right onto the Redwoods walking trail.
11	Titokorangi Pa Track	4.3	4.2	4.39	Turn right onto Titokorangi Pa Track.
12	Titokorangi Pa Track	5	5	5.13	COURSE SPLIT. Turn left on to Quarry Track.
13	Bottom of Quarry Track	5.8	5.79	5.94	Continue through the Quarry on the marked path.

14	Redwoods Track (Altitude Tourist Attraction)				Turn right before Altitude on to Redwoods Track.
15	Redwoods Track				Cross Rifle Range Rd and follow event ribbons to formed walking track that leads to As You Do.
16	As you Do Track, Box of Birds Exit	6.69	6.49	6.76	Turn right up As You Do Track (not Box of Birds Exit)
17	Titokorangi Pa Rd Intersection	7.89	7.55	7.9	Cross the road and continue up As You Do Track
18	Top of As You Do Track (AID STATION 1)	8.08	7.72	8.1	COURSE SPLIT. AID STATION. Turn left onto Titokorangi Pa Rd. Continue until the split with the road going right and a well formed trail to the left. Take the left trail downhill.
19	Tarawera Rd Water Tank	10.78	10	10.44	Turn right after the water tank, follow the Whakarewarewa Forest Loop, and head down the dual use (bikers and walkers) Tarawera return trail away from the water tank.
20	Pipeline Rd				Take a left on Pipeline Rd
21	Entrance to Apumoana	12.48	11.44	11.99	COURSE SPLIT. Head up Apumoana Track.

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WHAKA ULTRA 50K

COURSE DESCRIPTION

22	Sidewinder link	13.88	12.46	13.13	COURSE SPLIT. Left on to Sidewinder Link track	35	Main Hill MTB Shuttle Drop Off	22.28	19.74	20.88	Continue past MTB Shuttle Drop Off, up Tawa Rd.
23	Sidewinder Track				Left down Sidewinder	36	Tuhoto Ariki Track	22.98	20.45	21.6	Turn left on to Tuhoto Ariki Track
24	Lentil Rd				Pop out on the road and take a right turn.	37	Tuhoto Ariki Short Exit to Timewarp (AID STATION 3)	28.08	24.95	26.57	AID STATION. Turn right and exit track on to Moerangi Rd.
25	Hill Rd				Lentil Rd leads straight on to Hill Rd and in to Te Putake o Tawa Carpark	38	Time Warp Entry	28.34	25.03	26.76	Head across Moerangi Rd and up Time Warp track.
26	Putake o Tawa MBR Tawa Shop (AID STATION 2)	16.98	14.68	15.64	AID STATION. Straight through the left side of the carpark, past the Aid Station.	39	Moerangi Trig	29.34	25.95	27.76	At the top of the trail, go past the trig and down the Moerangi walking track.
27	Windy Rd				Cross the far end of the carpark (watch for cars) and head up Windy Rd	40	Loop Rd				Pop out on Loop Rd, left down the road.
28	Tawa Walking Track				Turn right up the Tawa Walking Track	41	Loop Rd exit to old skid rd	30.84	27.25	29.18	Arrive at an old skid rd and head down towards Chinamans Rd
29	Eagle Vs Shark Picnic table, Koekoe Rd Skid Site	18.68	16.25	17.32	Straight past the picnic table and along Koekoe Rd	42	Chinamans Rd				Continue straight on Chinamans Rd
30	Hill Rd				End of the Koekoe Rd, slight left on to Hill Rd	43	Intersection of Chinamans Rd and Moerangi Rd	32.14	28.52	30.48	Right on to Moerangi Rd
31	Direct Rd, Hill Rd intersection	19.38	17.06	18.15	Continue straight along Hill Rd	44	Tikitapu Rd				Right on to Tikitapu Rd
32	Te Mouna MTB Trail Crossing	20.68	18.25	19.36	Continue straight on Hill Rd	45	Branch Rd				Left down Branch Rd
33	Moerangi Rd				Left up Moerangi Rd	46	Green Lake Rd				Right on to Green Lake Rd
34	Tawa Rd				Left up Tawa Rd						

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WHAKA ULTRA 50K

COURSE DESCRIPTION

47	Green Lake Rd, 8 Mile Rd intersection	34.84	31.16	33.19	There is a little Link trail to your left that goes parallel with the sealed road. Head left along that trail and it takes you directly opposite Sandstone Rd. Carefully cross the sealed road on to Sandstone Rd, watching for traffic.	56	Toi Oho Mai				Continue straight through the Toi Oho Mai carpark and cross Waipa Bypass Rd, take extreme care, lots of traffic operating
48	Sandstone Rd				Continue straight along Sandstone Rd	57	Nursery Rd				Once across Waipa Bypass Rd, Slight right towards Nursery Rd and then left up Nursery Rd.
49	Lookout Rd				Turn right and up Lookout Rd	58	Start of Puarenga Stream Track (WATER STATION)	43.14	39.18	41.4	COURSE SPLIT. WATER STATION. Turn right off Nursery Rd and in to Puarenga Stream Track. Follow the track/river all the way through to the end, straight past any of the alternate routes.
50	Kakapiko (AID STATION 4)	37.64	33.8	35.89	AID STATION. Arrive at the top of the hill, around the ring road and back down to the Kakapiko Track.						
51	Entrance to Kakapiko Track	37.94	34.08	36.18	Head down Kakapiko Track						
52	End of Kakapiko Track	39.24	35.37	37.51	Turn right on the Black Track	59	Exit of Puarenga Stream on to Larch Rd	44.04	40.05	42.33	Cross one final bridge and pop out up on to the road and head left along Larch Rd.
53	Dump Rd				Black Track turns in to Dump Rd	60	Red Tank Rd				Take a right at the end of Larch Rd and head up Red Tank Rd.
54	Heath Rd				At the end of Dump Rd, slight right on to Heath Rd	61	Red Tank Rd, Pipeline Rd, Direct Rd Intersection (AID STATION 5)	46.54	42.51	44.83	AID STATION. Major intersection, take a left onto The Wash trail and head down the track.
55	Long Drive Road, Poplar Ave Intersection	42.14	38.19	40.39	At the end of Heath Rd take a right on to Long Drive then left on to Poplar Ave						

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WHAKA ULTRA 50K

COURSE DESCRIPTION

62	The Wash Rd				Track turns in to a forestry road, continue straight.
63	Spruce Rd				Turn right in to Spruce Rd
64	Purple Track, Cardiac Steps	47.94	43.98	46.29	Turn left in to the old Purple Track and head up the steps
65	Katore Rd				Pop out on to Katore Rd and take a right
66	Katore Rd intersection				Slight left, staying on the fenceline next to the ponds.
67	Pig Trail Exit	48.94	44.97	47.29	Turn left and head down the Pig Track in reverse
68	Ovata Rd				Track will lead on to Ovata Rd, continue straight on the road.
69	Nursery Rd				Turn right onto Nursery Rd.
70	Yellow Track	50.04	46.06	48.44	Turn left onto Yellow Track and follow all the way to Waipa. Bear slightly right at Bakers Hollow, then slightly left up the steps after the clearing then turn left when you reach the road, you're almost home.
71	Waipa MTB Carpark	52.04	48.09	50.38	Finish

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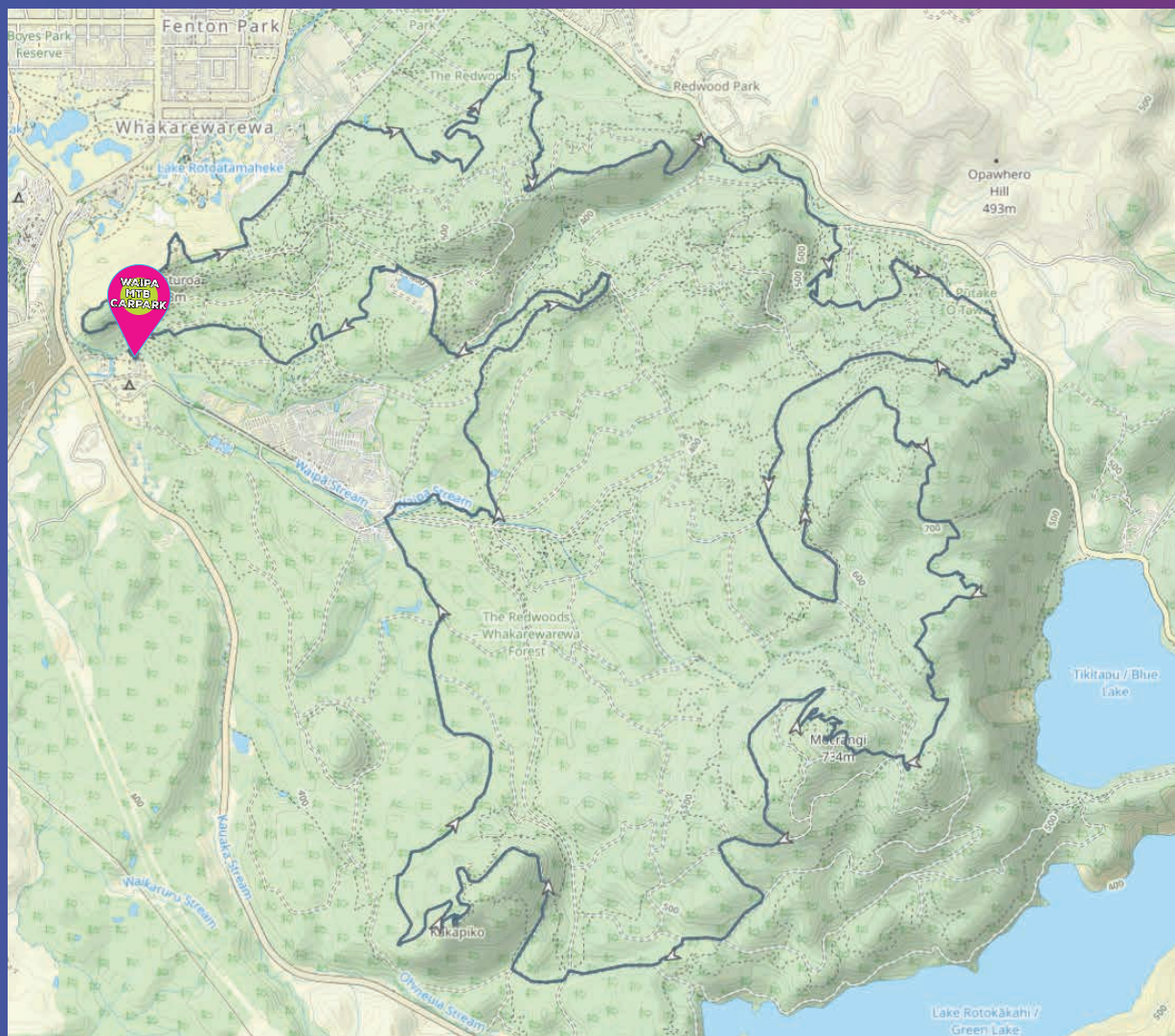
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WHAKA ULTRA 50K

COURSE DESCRIPTION

INDICATIVE MAP



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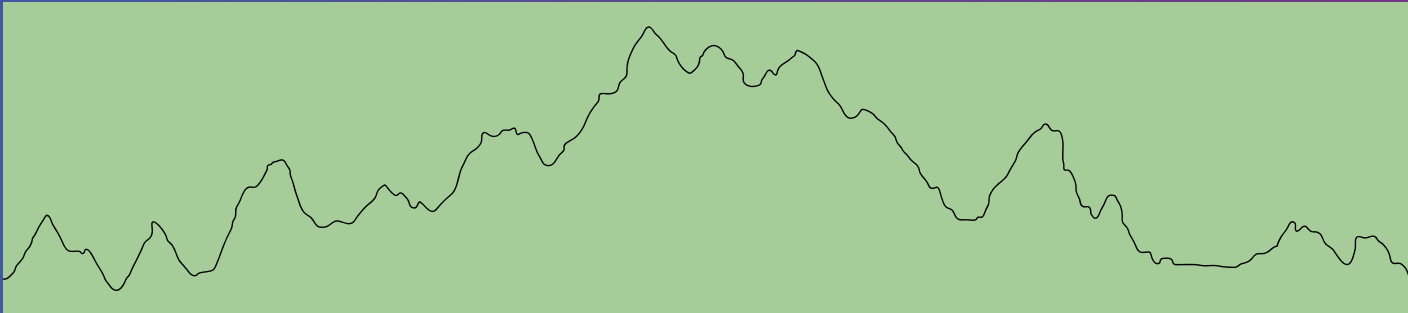
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WHAKA ULTRA 50K

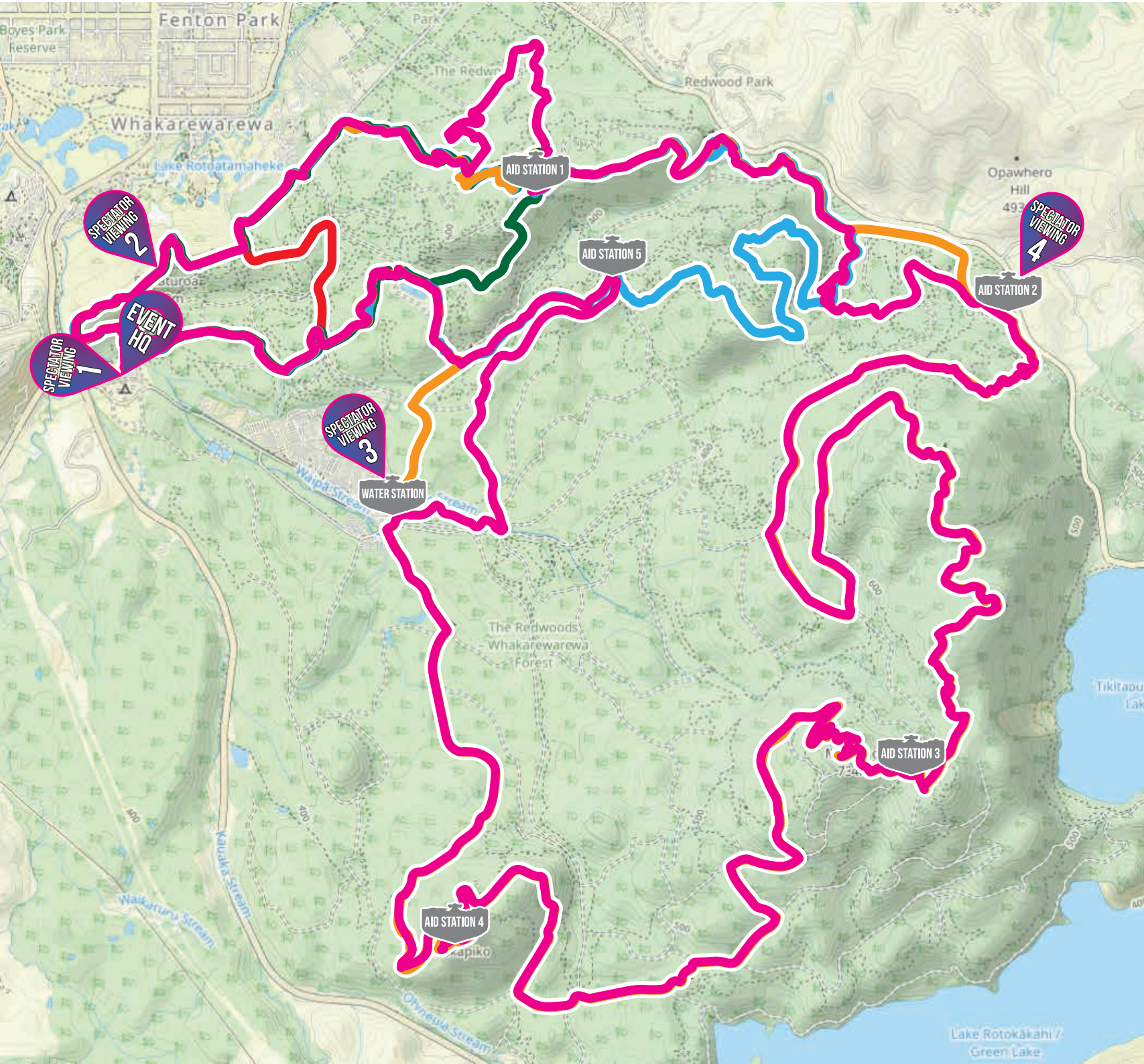
COURSE DESCRIPTION

INDICATIVE ELEVATION PROFILE



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-  WHAKA ULTRA 50K
50KM
-  NEW ZEALAND FOREST
MARATHON
42km
-  CAMELBAK MOERANGI
HALF MARATHON
21km
-  TITOKORANGI 10K
10km
-  SECRET SPOT HOT TUBS
5K TRIG LOOP
-  AID STATIONS
-  WATER STATION
-  POINTS OF INTEREST